



KENYA MEDICAL TRAINING COLLEGE

Training For Better Health

DEPARTMENT OF NUTRITION AND DIETETICS

As at July 2025



Programme	Duration	Offered at	Qualifications
Higher Diploma in Renal Nutrition	2 years	Karen	Diploma in Nutrition & Dietetics/Diploma in Community Nutrition from KMTC or any other recognized institution. Must be registered and has a valid practicing license from Kenya Nutritionists and Dieticians Institute (KNDI). 2 Years post Diploma experience.
Higher Diploma in Nutrition Surveillance	2 years (inclusive) of 6 months mentorship attachment	Karen	BSc. in Nutrition & Dietetics, Diploma in Nutrition & Dietetics/Diploma in Community Nutrition, Diploma or Degree in the following fields: Community Health Development, Public Health, Project Management, Epidemiology, Health Records and Information, Food Science, Agriculture, and Biostatistics from a recognized institution.
Diploma in Nutrition and Dietetics	3 years	Selected Campuses	Mean Grade C-, D+ in English or Kiswahili and Biology/ Biological Sciences. D+ in Chemistry/Physical Sciences. D in any one of the following: Home Science, Agriculture, Mathematics, Physics, General Science.
Certificate in Nutrition and Dietetics	2 years	Selected Campuses	Mean Grade D+, D+ in English or Kiswahili and D in Biology/ Biological Sciences. D in Chemistry/Physical Sciences. D in any one of the following: Home Science, Agriculture, Mathematics, Physics/Physical Sciences.
Upgrading (from Certificate to Diploma)	2 years	Kapenguria, Karen, Lodwar, Kwale, Makueni, Mbuvo, Molo, Thika, Nyandarua (March) Karen, Homa Bay, Thika, Nyandarua, Makueni and Lodwar (Sep)	Holder of a Certificate in Community Nutrition/Nutrition & Dietetics/Food Science & Nutrition. KNEC Certificate in Nutrition & Dietetics for TVET graduates.

CORE STATEMENTS

Vision

A globally competitive institution for training human resource for health

Mission

To develop fit-for-purpose middle-level health professionals through transformative training, research, and consultancy

Core Values

- Accountability
- Integrity
- Responsiveness
- Equity
- Team work Professionalism
- Creativity and innovation

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|-----------------|-------------------|----------------|----------------|---------------|
| 1. Awendo | 21. Kangema | 41. Loitokitok | 61. Mwingi | 81. Taveta |
| 2. Bomet | 22. Kangundo | 42. Lugari | 62. Nairobi | 82. Teso |
| 3. Bondo | 23. Kapenguria | 43. Machakos | 63. Nakuru | 83. Thika |
| 4. Bungoma | 24. Kapkatet | 44. Makindu | 64. Narok | 84. Transmara |
| 5. Burnt Forest | 25. Kaptumo | 45. Makueni | 65. Navakholo | 85. Ugenya |
| 6. Busia | 26. Karen | 46. Mandera | 66. Ndhiwa | 86. Ugunja |
| 7. Butula | 27. Karuri | 47. Manza | 67. Nyahururu | 87. Vihiga |
| 8. Chemolingot | 28. Kerio Valley | 48. Marimanti | 68. Nyamache | 88. Voi |
| 9. Chuka | 29. Kilifi | 49. Marsabit | 69. Nyamira | 89. Wajir |
| 10. Chwele | 30. Kinangop | 50. Mathare | 70. Nyandarua | 90. Webuye |
| 11. Eldoret | 31. Kisii | 51. Maua | 71. Nyeri | 91. Yatta |
| 12. Embu | 32. Kisumu | 52. Mbooni | 72. Othaya | |
| 13. Garissa | 33. Kitale | 53. Mbuvo | 73. Port Reitz | |
| 14. Gatundu | 34. Kitui | 54. Meru | 74. Rachuonyo | |
| 15. Homabay | 35. Kombewa | 55. Migori | 75. Rera | |
| 16. Imenti | 36. Kuria | 56. Molo | 76. Rarieda | |
| 17. Isiolo | 37. Kwale | 57. Mombasa | 77. Shianda | |
| 18. Iten | 38. Lake Victoria | 58. Mosoriot | 78. Siaya | |
| 19. Kabarnet | 39. Lamu | 59. Msambweni | 79. Sigowet | |
| 20. Kakamega | 40. Lodwar | 60. Murang'a | 80. Tana River | |



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For More Information Contact:

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