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KENYA MEDICAL TRAINING COLLEGE

Training for Better Health

NEWSLETTER

Jan - June, 2022 Issue #42



Appointments | Corporate News | Research Activities |
Academics | Partnerships/Collaborations | CSR | Opinion | Transition

Theme: Bridging Healthcare Workforce gaps through Transformative Training

*Quality Training of Health
Professionals Towards Realization of*





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KENYA MEDICAL TRAINING COLLEGE

Training For Better Health

Our Vision | *“A model institution in the training and development of competent health professionals”*

Our Mission | *“To produce competent health professionals through training and research, and provide consultancy services”*

Our Core Values | *Accountability, Integrity, Responsiveness, Equity, Teamwork, Professionalism, Creativity and innovation*

Motto | *Training for Better Health*

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Training for Better Health

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Contents



President Uhuru Kenyatta Lauds KMTC's Support towards the Country's Universal Health Coverage Agenda



Excitement as College receives thousands of first-year students



KMTC Students Biggest Winners as College kicks off construction of 300 capacity hostels



KMTC Ugenya receives a bus to enhance training, set to increase courses

Chairperson's Message

It is my pleasure to invite you to go through the pages of yet another engaging issue of our newsletter, the 42nd edition. This issue focuses on the tremendous progress made by the College, thanks to the partnerships and collaborations that have made it possible to continually enhance our mandate.

The Government, through the Vision 2030 development blueprint, aims to transform Kenya into a newly industrialized, middle-income country and providing a high quality of life to all its citizens, making it vital that Universal Health Coverage is achieved. Further, the Social Pillar seeks to invest in the people to improve the quality of life for all Kenyans by emphasizing various social welfare projects and programmes with health as a key sector.

For this reason and to support the Government in fulfilling its mandate to Kenyans, the College is working on strengthening its collaboration with the Counties and National Government, and key development partners and has recently started engaging faith-based organizations. The latter is especially very critical for us as it has established several health facilities in the country, which is fundamentally important in providing clinical placement for our students.

On the same note, KMTC continues to receive donations of books and training equipment worth millions of shillings to fulfill its prom-

ise to offer the highest quality of training. To prepare health workers to take advantage of international employment opportunities such as the ones arising from the Bilateral Agreement between Kenya and the United Kingdom, the College partnered with the Ministry of Health and the British High Commission in Kenya to offer English Language Training Programme.

The Board of Directors, under my leadership, remains fully dedicated to safeguarding the interests of Kenyans. Towards this end, the Board is working with partners towards improving infrastructure in the Campuses, particularly hostels, tuition blocks, and sports facilities to give students the foundation they need to take on careers in the ever-changing health sector.

I recognize the goodwill and support of the Government, led by H.E President Uhuru Kenyatta, the Ministry of Health under the leadership of Sen. Mutahi Kagwe, our development partners, and Kenyans at large, without which KMTC would not be the giant institution of learning it is today and for that, we are truly grateful.

The contributions of the Management team led by the CEO, our able staff members, and students remain, as ever, a building block on which the College can claim its success.



Amb. Zachary Muburi-Muita, MBS
Chairperson Board of Directors

Chief Executive Officer's Message

I welcome you to read through this edition of the KMTC Newsletter. Looking back over the last six months, I am proud of all that we have achieved. I am pleased to report that following the challenges caused by the COVID-19 pandemic in the country, KMTC continues to occupy an important niche in the health sector.

In February, we launched the English Language Training Programme and Center to prepare students for work overseas. This was particularly incredible for us as we joined the Government in fulfilling its collaboration agreement with the United Kingdom on exportation of health workers to the UK.

Even as we continue to impart new skills, our students told us that they had wished the College to create a financing mechanism to support their fees payment, in addition to continuing injecting specialized skills in teaching and learning. We saw these proposals as noble. Consequently, we kick-started the journey of achieving those objectives by holding consultative meetings with key partners.

Firstly, we met the Higher Education Loans Board (HELB) in an effort to jointly mobilize resources to support needy students. Similarly, we held discussions with the Equity Bank to collaborate on training, clinical placement, attachment and internships for students, Corporate Social Responsibility initiatives and financial literacy for our needy stu-

dents.

In the area of strengthening learning, we held a meeting with Newborn Essential Solutions and Technologies to train lecturers on Emergency Triage, Assessment and Treatment, in addition to admission care with the appropriate skills in delivering healthcare for young patients. In response to emerging and re-emerging health needs, we received pre-cancerous lesions treatment devices to enhance training of courses geared towards prevention, and treatment of cervical cancer. One such course being a Higher Diploma programme in Oncology, anchored in the Department of Clinical Medicine.

Further to strengthen mental health and Psychiatry among students, the College hosted a training programme facilitated by the University of British Columbia. In disaster preparedness, the College conducted a safety training for security staff facilitated by trainers from St. John Ambulance, the Directorate of Criminal Investigations and the National Police Service.

In conclusion, as a socially responsible corporate entity, the College has continued to give back to our communities through various corporate social responsibility initiatives, and we remain committed to ensuring that those we serve benefit from our presence in their localities.



Dr. Kelly Oluoch
Chief Executive Officer

President Uhuru Kenyatta Lauds KMTTC's Support towards the Country's Universal Health Coverage Agenda



President Uhuru Kenyatta (right), with Elizabeth Mweha (2nd right) and Dr. Dorothy Mutie (left) at the KMTTC booth during the Health Workforce Conference at the Coast.

H.E. President Uhuru Kenyatta paid a visit to the KMTTC booth on February 7, 2022, during the official opening of the inaugural Health Workforce Conference in Mombasa hosted by the Ministry of Health and Ministry of Education with over 500 delegates from 24 countries in attendance.

President Kenyatta, flanked by Health Cabinet Secretary Sen. Mutahi Kagwe among other dignitaries, made his first stop at the KMTTC booth to get a first-hand experience of the learning process at the College.

Board Chairperson Amb. Zachary Muburi-Muita, accompanied by acting CEO Dr. Kelly Oluoch, was leading the College delegation participating in the conference.

“The middle level health care worker plays a critical role in the health service delivery thorough out all levels of care, specifically at the primary care level”

Said President Uhuru Kenyatta

The conference themed “Repositioning Today’s Health Workforce for the Future” was aimed at providing a platform for stakeholders to deliberate and come up with a way forward on harmonization of the health professionals training curriculum.

The College had lined up seven research papers for presentation at the conference.

The President in his 2021 Mashujaa day speech, singled out the key

role played by KMTTC in producing competent health professionals to bridge the Human Resource for Health gaps in the country.

To this extent we have expanded the capacity of our Medical Training Colleges to train these critical mass of health experts from 28 KMTTC campuses in 2013 to the current 72 campuses” he said.

He noted that the College’s massive expansion and presence in 44 of the 47 counties in the country has provided qualified Kenyans with health training opportunities.

Dr. Kelly Oluoch appointed new KMTTC Chief Executive Officer



Newly appointed KMTTC Chief Executive Officer Dr. Kelly Oluoch

Dr. Kelly Oluoch has been appointed the College Chief Executive Officer (CEO), effective May 19, 2022. This was announced by Board Chairperson Amb. Zachary Muburi-Muita. Dr. Oluoch was selected from a field of more than 66 candidates following a rigorous recruitment exercise.

“I take this appointment with great honour and humility. I thank the Board of Directors for having trust in me,”

Said Dr. Kelly Oluoch

“I know I have a huge task ahead of me. I look forward to working collaboratively with the Board, Management, staff and students to create an enabling environment that supports teaching and learning,” he added.

Prior to his appointment, Dr. Oluoch held the CEO position in an acting capacity following the expiry of the term of the previous CEO Prof. Michael Kiptoo, in November 2021.

Dr. Oluoch previously served as the Deputy Director in charge of Finance, Planning and Administration; Principal Lake Victoria and Kisumu Campuses; Deputy Head and Head of Pharmacy Department (Machakos Campus).

He started his career as a Pharmacist in Charge at Marsabit District Hospital before his employment at the College.

Dr. Oluoch holds a Doctorate in Business Administration, Strategic Management option from the University of Nairobi and in Biotechnology, Innovation and Regulatory Pharmacy and a Master of Science (MSc) in Biotechnology, Innovation and Regulatory Pharmacy from Purdue University.

Others include, a Master of Business Administration from the University of Nairobi; a Diploma in Industrial Pharmacy and Drug Discovery from Purdue (USA) and Howard University (USA); a Post Graduate Diploma in Medical Education and a Bachelor Degree in Pharmacy from Dr. MGR Medical University (India).

He has conducted and completed several research projects and is currently engaged in many others.

Dr. Oluoch has authored and co-authored several peer-reviewed publications.

Amb. Muita challenged Dr. Oluoch to transform KMTTC, noting that the College is endowed with brilliant minds capable of taking the institution to greater heights. “The first and main task ahead of you is on promoting teaching and learning. I urge all of us to rethink managing student and staff rations,” he said.

Board Director Jennifer Kibagendi noted that the Board has delivered on a big task of recruiting a CEO for the College. “We have given you the best candidate, and I urge you to support him,” she said.

The announcement came during a three-day Academic Council meeting which kicked off on May 18th 2023 at the College Headquarters in Nairobi.

KMTC emerges second-best in Webometrics rankings



For emerging second-best in Webometrics rankings

The College has emerged as the second-best College in Kenya for the second time in a row in the 2022 Webometrics rankings. The College is ranked behind Kenya School of Government at position one.

The College is also ranked at position 36 out of 125 best Colleges/Universities in Kenya, beating notable giants such as Great Lakes University of Kisumu; Rongo University; Laikipia University, University of Kabianga; African Nazarene University; KCA University among others.

“The College has been recognized for its excellent skills-oriented training proving once again the important niche we have carved for ourselves as the lead trainer in medical courses,” Ag. CEO Dr. Kelly Oluoch said when he received the good news on 8th February, 2022.

He noted that the College’s continuous enhancement of its quality of training has ensured that KMTC alumni remain competitive in the job market. Dr. Oluoch confirmed that the College is committed to leveraging technology to enhance teaching and learning.

The Webometrics ranking of World Universities, also known as Ranking Web of Universities, is a ranking system for the world’s universities based on a composite indicator that takes into account both the volume of the Web content (number of web pages and files) and the visibility and impact of these web publications according to the number of external site citations received.



Asection of KMTTC Students

KMTC Launches English Language Training Programme for Migrating Health Workers



Health CS Sen. Mutahi Kagwe (left), Ag. CEO Dr Kelly Oluoch (right), British Deputy High Commissioner to Kenya Ms. Josephine Gauld (2nd left) and Nursing Council of Kenya Chairperson Dr. Eunice Ndirangu during the launch of the English Language Training Programme

Health Cabinet Secretary Sen. Mutahi Kagwe has hailed the College as an institution that is forward-looking and responsive to the health training needs of the global market.

The CS was speaking on February 1, 2022 when he officially launched the English Language Training Programme at the College headquarters to prepare health workers migrating to other countries.

“This is the first time the Government has undertaken a training of this kind to prepare the young men and women of this country to take up international employment opportunities,”

Said Sen. Mutahi Kagwe

On July 29, 2021, the Governments of the Republic of Kenya and that of the United Kingdom of Great Britain and Northern Ireland (UK) signed a Bilateral Agreement for collaboration on the healthcare workforce, thus paving way for co-operation in the delivery of healthcare through the recruitment of

healthcare professionals in Kenya for employment in the UK.

Sen. Kagwe reported that the Government will manage the bilateral agreement process to ensure healthcare professionals being sent to the UK are appreciated and recognized as expatriates who are contributing to the country’s economic development.

KMTC Board Chairperson Amb. Zachary Muburi-Muita reported that the College graduates about 4,000 nurses annually and this is part of the largest pool of nurses that will be migrating to the UK. He further noted that the College with its campuses across the country is well placed to prepare the nurses for the English Language training. He urged the migrating health workers to take advantage of the programme to sharpen their skills and meet visa application requirements.

The KMTC Acting Chief Executive Officer Dr. Kelly Oluoch confirmed that the launch of KMTC as

a training and examination centre for the programme is in line with the College’s continuous mounting of short courses to enable practitioners to meet regular professional development and remain relevant in the health profession.

The College has also introduced the training to continuing students to sharpen their skills and build their confidence. KMTC is a member of the inter-ministerial team implementing the Bilateral Agreement.

In attendance were; the Deputy British High Commissioner to Kenya Ms. Josephine Gauld; Nursing Council of Kenya Chairperson Dr. Eunice Ndirangu, and CEO Dr. Edna Tallam; KMTC Board Directors Dr. Martin Sirengo, Ms. Jeniffer Bosibori, Dr. Stephen Ochiel, and Mr. Fredrick Wamwaki.

British Council Fetes College English Language Trainers



Ag. KMTCCO Dr. Kelly Oluoch presents a certificate to Mr. Sammy Barasa during the awards ceremony

Kenya and East Africa Cluster lead Country Director at British Council Ms. Jill Coates speaks during the awards ceremony

A total of six English Language Trainers from the College have been feted by the British Council for their exemplary commitment to training in the International English Language course.

Speaking during the event held in Nairobi on, May 6, 2022, Ag. Chief Executive Officer Dr. Kelly Oluoch hailed the recognition of the tutors as a milestone for the College.

“I want to congratulate our trainers for remaining steadfast in enabling our trainees to become proficient in the International English Language,” he said.

Adding that: “The training will provide migrating health workers with skills needed to meet visa application requirements.”

On July 29, 2021, the Governments of the Republic of Kenya and the United Kingdom signed a Bilateral Agreement for collaboration on the healthcare workforce, thus paving the way for cooperation in recruitment of health professionals in Kenya for employment in the UK.

Dr. Oluoch thanked the British Council for partnering with the College to offer the training. He challenged students to take advantage of the highly subsidized six-weeks training to advance their knowledge.

Country Director Kenya and East Africa Cluster Lead at British Council Ms. Jill Coates reported that her organization would keep supporting the Government of Kenya through the Ministry of Health to train 22,000 Kenyan Nurses.

“The Council has made this possible by training six KMTCCO Trainers who will equip the Nurses with the necessary skills to sit for the International English Language Tests administered as a prerequisite for working in the United Kingdom,”

Said Ms. JillCoates

On February 1, 2022, Health Cabinet Secretary Sen. Mutahi Kagwe officially launched the English language training programme for migrating Health Workers at KMTCCO.

KMTC challenged to set up an Italian language course



CS Health Hon. Senator Mutahi Kagwe during the flagging off of Nurses to the UK

Health Cabinet Secretary Sen. Mutahi Kagwe has said the government will continue to expand job opportunities for unemployed Kenyans following the signing of a bilateral agreement with the United Kingdom and Italian governments.

“As you are aware, we are not going to send anybody to Italy who cannot speak the Italian language. That is why we are banking on KMTC to introduce Italian language course,”

Said Sen. Mutahi Kagwe

He noted that the country graduates over 11,000 nurses and midwives yearly, adding that “as a government, we would not wish to see our trained nurses jobless while they are critically needed elsewhere”.

The government is also considering fast-tracking a bilateral agreement with the Kuwaiti government to

export healthcare workers. “We will embark on this agreement once we send enough nurses to the UK,” noted Sen. Kagwe.

Kenya has a total of 60,579 registered nurses and midwives, with the public sector accounting for 38,000, while the rest are in the private sector.

The CS noted that Kenya is not sending nurses abroad at the expense of the healthcare system in the country, indicating that the Kenya has more than enough nurses needed.

Sen. Kagwe was speaking on June 27, 2022 in Nairobi when he flagged off the first batch of 19 Kenyan nurses to work at the United Kingdom’s National Health Service.

“The Ministry of Health in conjunction with the Ministry of Labour, the Ministry of Foreign

Affairs and the Kenya Medical Training College has seen the first process of government-to-government labour contract actualized and, in the future, playing a key role in improving the economy of our country,” the CS said.

In her remarks, the British High Commissioner Ambassador Jane Marriot said that other 70 nurses have already been identified by potential employers in the UK with a view to moving them to the UK in the next two to three months.

“We hope Kenya will put in place a system of rolling applications to meet the expected high demand. With time, this arrangement will expand beyond nurses to other cadres of healthcare workers,” she added.

KMTC Board Chairperson Amb. Zachary Muburi-Muita reaffirmed that the College will continue to produce qualified health professionals for both local and international markets. The College recently introduced English Language Training Programme to build English and occupational skills for migrating health workers.

Kenya is expected to send some 20,000 nurses to the UK in an agreement inked between the two countries when President Uhuru Kenyatta visited the UK in July last year.

College urged to expand training for nutritionists to meet local and international market demands

Health Cabinet Secretary Sen. Mutahi Kagwe has urged the College to expand training for Nutritionists and Dieticians to meet local and global market demands.

While acknowledging the important role played by nutritionists in fighting Covid-19 and other nutrition-related disease, Sen. Kagwe noted that the country is facing acute shortage of such specialists.

“Currently, the ratio of Nutritionists and Dieticians to patients stands at 1:100, 000 which is below the required World Health Organization (WHO) recommended numbers,” he reported.

“There are great opportunities out there for health workers, including nutritionists. As a country, we can start thinking of exporting such workers once we first meet our local demands,” he added.

The CS was speaking at KMTCC Karen Campus when he presided over the launch of the Higher Diploma in Renal Nutrition curriculum June 30, 2022, on the sidelines of the second alumni meeting, bringing together nutritionists from across the country.

Referring to the curriculum launch, Sen. Kagwe added that: “I note with pride that today’s event is part of efforts to cement the strides made by the Government in its commitment to improve nutrition, and by extension, the health of Kenyans.”

The alumni meeting provides an opportunity to take stock of the contribution of alumni members in



Health CS Sen. Mutahi Kagwe (2nd right), during the function at KMTCC Karen

improving nutrition and exhibiting best practices.

KMTCC Board Chairperson Amb. Zachary Muburi-Muita reported that as part of the College’s commitment to address Human Resource for Health gaps, KMTCC is set to open its doors to Nutrition students from the East African region starting March 2023.

He further noted that the establishment of the Regional Centre of Excellence in training, Nutrition and Dietetics, a collaborative initiative between the Ministry of Health, KMTCC and the Intergovernmental Authority on Development (IGAD), is especially critical at this time when the Government has prioritized food security and nutrition.

“Through the Center, the College aims to strengthen the training of nutritionists who are able to serve as intermediaries between the community and the formal health system to manage diseases through proper diet.”

On his part, KMTCC CEO Dr. Kelly Oluoch reported that currently 1,675 students are undertaking Nutrition courses in the College. “As we take stock of the achievements made in accelerating the UHC, distribution of human resources for health remains imperative,” he said.

Dr. Oluoch, revealed that beginning September 2022, the College would mount the Higher National Diploma in Renal Nutrition in response to the rising cases of kidney diseases.

The event saw the Campus inaugurate a mother-child and wellness center which will be a demonstration center for students to undertake assessments of mothers and children as well as provide counseling on breastfeeding and complementary feeding. The center will be a key practicum facility as the Campus is set to start offering additional higher diplomas courses.



Younger Adults Urged to Take the COVID-19 Vaccine as Medical Training Receives a Boost

KMTC Student gets vaccinated as Health PS Ms. Susan Mochache and College CEO Dr. Kelly Oluoch look on

Ministry of Health Principal Secretary Ms. Susan Mochache has urged the younger adults to take up the COVID-19 vaccination to boost their immunity in addition to helping curb the spread of the virus.

“Our statistics show that younger adults have not yet embraced the vaccination uptake campaign even when there is evidence that many of them actually contract the virus,” she said.

The PS was speaking during the roll-out of the COVID-19 booster shot at the College headquarters in Nairobi on June 16, 2022.

Ms. Mochache reported that the roll-out at KMTC was significant because the exercise targets learning institutions, mainly students and staff of all tertiary learning institutions. She noted that out of 18,498,777 administered vaccines as at June 15, 2022 only 1,468,375 doses had been administered to young people aged between 15 to 17 years, a group that comprises a huge part of the Kenyan population.

“Research conducted on the efficacy of the COVID-19 vaccine has revealed that immuno-compromised people might need a third dose. In addition, over time, the immunity, even for healthy people, starts to go down necessitating the booster shot

for increased immune response,” the PS added.

Additionally, Ms. Mochache conveyed that the Ministry has now ensured that under the accelerated COVID-19 vaccination programme, KMTC campuses serve as vaccination centers as part of the critical role that the College plays in ensuring Kenyans remain healthy.

Speaking during the event, KMTC Board Chairperson Amb. Zachary Muburi-Muita assured of the College’s continued commitment to support the Government in the fight against the virus.

“To complement government efforts in the fight against the Coronavirus, KMTC partnered with the Ministry of Health, to manage the COVID-19 pandemic in the country,” he said, adding “We commit to continue availing our infrastructure and human resource towards this worthy course.”

KMTC Chief Executive Officer Dr. Kelly Oluoch on the other hand encouraged uptake of the COVID-19 booster shot noting that the virus still remains a challenge and urged all to be vigilant to curtail the spread.

Dr. Oluoch reported that to ensure the College continues to produce

competent healthcare professionals, able to tackle the COVID-19 challenge alongside emerging and re-emerging diseases, KMTC regularly reviews its curricula and seeks partnerships that build on this mandate. “Being a strategic Government health training institution, KMTC plays an important role in propelling the country towards the attainment of specific Health-related targets, including Sustainable Development Goals and Kenya Vision 2030,” he said.

The CEO reported that the College has partnered with the National Hospital Insurance Fund (NHIF) with KMTC clinics across the country receiving accreditation to offer medical services to members of the public using their cards.

On the sidelines of the event, the PS commissioned seven College buses for various KMTC Campuses as part of efforts to enhance teaching and learning. “These buses will ensure that students get to their clinical placement areas and the community easily and conveniently where they serve even as they learn, enhancing accessibility to health services,” she said.

College in talks with HELB to fund needy students



KMTC CEO Dr. Kelly Oluoch (right) makes his remarks during a consultative forum

The College is taking concrete steps to ensure that needy students obtain loans from the Higher Education Loans Board (HELB) to finance their education, Ag. Chief Executive Officer Dr. Kelly Oluoch has said.

The College is currently in talks with the Ministry of Health to establish a budget line to fund needy students through HELB.

Speaking during a consultative forum organized by HELB on March 3, 2022 in Mombasa, Dr. Oluoch emphasized the need for the College to develop a resource mobilization strategy to raise resources to finance student education.

To date, HELB has financed 35,895 students to the tune of Kshs. 2.6 billion. Of these, 11,878 have graduated with the rest continuing with their studies.

Dr. Oluoch revealed that some 10,224 students have applied for subsequent funding against a reduced allocation by HELB.

“This, therefore, means that a big chunk of needy students is facing the risk of missing out on funding which will adversely affect their education,” he said.

He however assured that the College Board and Management are working overtime to find alternative sources of funding, citing the right to education as a fundamental right, as reflected in Article 26 of the Universal Declaration of Human Rights.

The discussions came barely a week after the College and HELB appeared before the Departmental Committee on Health of the National Assembly to discuss a possibility of funding KMTC students through the HELB fund.

The College has since edged closer to formalizing its long-standing discussions with HELB generating exciting opportunities for KMTC students.

Further to this, KMTC CEO Dr. Kelly Oluoch and HELB CEO

Charles Ringera in a meeting held on June 13, 2022 at the KMTC Headquarters in Nairobi reviewed a service contract that joins both Government entities in a partnership that will see College students obtain loans to finance their education.

“KMTC is making deliberate efforts to get financial support for its students to enable them to actualize their dreams. We are making steady steps to ensure we provide financial support in enhancing access to education,” said Dr. Oluoch.

He noted that out of the over 50,000 students undertaking their training in the College, about 20,000 require bursaries and sponsorships to complete their studies successfully.

Mr. Ringera indicated that HELB was ready to work hand in hand with the College to ensure that the dreams of College students are not cut short due to lack of fees.

KMTC Set to Establish Two more Centres of Excellence in Safe Specimen Collection

KMTC is set to establish two more Centres of Excellence (CoE) in Safe Specimen Collection, thanks to a long-running partnership between the College and Becton & Dickinson International (BD).

This was announced by BD International Executive President Dr. Jeff Andrews when the team visited the College headquarters on Monday June, 20, 2022.

The team was received by the College Ag. Deputy Director Finance, Planning and Administration Dr. Kenneth Riany, on behalf of the CEO Dr. Kelly Oluoch.

Dr. Riany observed that through the support of BD, the College has so far established eight such CoE, which has seen more than 3,000

students and 125 lecturers trained.

“The College appreciates your consistency in supporting KMTC produce competent Medical Laboratory Technicians with the requisite skills to enhance health services delivery,” he said.

Dr. Riany reported that the College would continue to partner with BD to set up more centres to achieve the safe specimen collection and data documentation/publication goal.

Dr. Andrews said that in addition to the fast-tracking implementation of the collaboration that was first cemented in 2012, BD is looking forward to introducing KMTC to the Kinga Project which deals with cannulation to support the development of a curriculum in Oncology



Becton & Dickson International (BD) Executive President Dr. Jeff Andrews (2nd right) and KMTC staff during a visit to the center of excellence Laboratory at KMTC Nairobi

Nursing.

He commended KMTC for the safe phlebotomy skills training, adding “We undertake to support more KMTC Campuses to acquire CoE status in phlebotomy skills training in addition to refurbishing training facilities and providing new Computers.”



KMTC Students during a practical training session in the skills laboratory

KMTC has reviewed and validated six curricula and introduced new short courses to enhance teaching and learning in line with emerging and re-emerging health needs.

The six curricula are: Higher Diplomas in Geriatric Nursing, Clinical Medicine and Surgery (Ophthalmology and Cataract Surgery) and Medical Engineering, Diplomas in Orthopedic Technology, Nutrition and Dietetics and Certificate in Nutrition and Dietetics.

four new short courses to equip healthcare providers with the requisite skills. The courses are: - a two weeks course in Upper Extremity Splinting in Occupational Therapy for Occupational Therapists, a six months course in Regional Anesthesia and Acute Pain Management for Clinical Officers and Nurses, a 12 weeklong course in Community Mental Health for Community Health Volunteers and an Interna-

KMTC Reviews Curricula, Introduces New Short Courses

In the same spirit, the College has introduced

tional English Language course.

In addition, the College trained faculty on development of online quizzes, finalized and presented the new e-learning Standard Operating Procedures for adoption and sensitized Campus Deans on available online tools.

Further, KMTC held benchmarking meetings with Faculty of several local Universities on digital learning with a view of developing a virtual Campus.

College Receives Training Equipment to Enhance Optometry training



Ag. CEO Dr Kelly Oluoch undergoes an eye examination from a KMTc student to demonstrate the use of a retinoscope donated by Harley's Ltd

The Optometry training programme is getting a boost, thanks to a donation from Harley's Limited. The College received a slit lamp, retinoscope and ophthalmoscope in an occasion held on March 24, 2022 at the KMTc Headquarters in Nairobi.

Dr. Oluoch reported that the College will continue to forge strategic partnerships with like-minded partners to enhance teaching and learning.

“Through this equipment, our students will be able to gain skills in eye examination and thus draw a necessary prescription,”

Said Dr. Kelly Oluoch

Harley's Head of Ophthalmic Services Mr. David Obura noted that

the long-standing partnership between the College and his organization has led to capacity building for students in the department of Optometry. He reported that in addition to donating equipment, Harley's exposes the students to the latest and most modern ophthalmic equipment in the market. “Further, through the partnership, KMTc students have benefited from training in basic maintenance and repair of ophthalmic equipment,” he said.

Chief Ophthalmologist at the Ministry of Health Dr. Michael Gichangi hailed KMTc for stepping into filling the gap in the training of eye care health professionals to address vision impairment challenges.

Also in attendance included Kitale District Hospital Eye Unit Ophthalmologist Dr. Hillary Rono,

KMTc's Deputy Director Academics Dr. Nyawira Mwangi, Deputy Corporate Communications Manager Mr. Hezron Ochiel, Principal Nairobi Campus Mr. Joseph Ahomo, Head of Resource Mobilization Mr. Kamau Maina, Heads of Department Mr. Peter Kirigwi (Optometry), and Ms. Catherine Mwaura (Nursing).

The College mounted a Diploma in Optometry in 2006 with a class of 15 students. Since then the programme has grown having graduated hundreds of students with others enrolled for training.

College Receives Training Equipment to Enhance Optometry training



Lead NEST Regional Director Dr. Grace Irimu (5th right) hands over skills laboratory training equipment to the Nairobi Campus Deputy Principal Ms. Felistus Muinde

Seeking to expand its role in addressing neonatal mortality in Kenya, the College has partnered with Newborn Essential Solutions and Technologies (NEST) to train its lecturers on Emergency Triage, Assessment and Treatment, plus admission care (ETAT+).

This course provides health workers, including Nurses, Clinical Officers, Doctors, Nutritionists, Laboratory Technicians and Pharmacists with the appropriate skills in delivering healthcare for paediatric patients.

The College held a successful week-long training from 14th to 18th March 2022 at KMTTC Nairobi.

The Ag. CEO, Dr. Kelly Oluoch thanked NEST for partnering with

KMTTC in a statement read on his behalf by the Deputy Principal Nairobi Campus, Ms. Felistus Muinde.

“I want to thank NEST for donating Skills Lab equipment worth Kshs 1.5 million. We appreciate the donation as it will go a long way in strengthening our teaching and learning,”

Said Dr. Kelly Oluoch

Lead NEST Regional Director Professor Grace Irimu noted that the Skills Lab equipment donated to the College is essential for all secondary level newborn units and would be instrumental in sharpening the skills of both students and lecturers.

“I encourage you to continue putting these skills into practice because training never ends,” he said. Adding that: “We are looking into expanding this collaboration by installing NEST bundles in select Campuses to strengthen clinical training in nursing and clinical medicine programmes.”

The ETAT+ programme is supported by the Ministry of Health, Kenya Medical Research Institute (KEMRI) – Welcome Trust, Kenya Paediatric Association (KPA), and Hatch Technologies.

KMTC Receives Books worth millions of shillings



KMTC Board Chairperson Amb. Zachary Muburi-Muita (3rd left), receives a consignment of books donated by Book Aid International

The College has received a consignment of books valued at Kshs. 22 million, in the latest donation by Book Aid International and Elsevier.

Speaking when he officially received the consignment on March 17, 2022, KMTC Board Chairperson Amb. Zachary Muburi-Muita welcomed the donation and termed it a good gesture. He thanked Book Aid International and Elsevier for supporting the College, noting that since 2010, the institution has donated books worth Kshs 50 million. “I am most impressed that the books we are receiving here today are very new and are the most cur-

rent editions,” said Amb. Muita. The books will be distributed to all KMTC Campuses.

Ag. Chief Executive Officer Dr. Kelly Oluoch hailed the donation, saying it is the result of such collaboration that the College has ensured the students are well facilitated to excel in their studies and research.

He noted that the College is prioritizing equipping all its Campus libraries with the latest edition of books to provide quality training. “I want to urge students to use the books to sharpen their knowledge and expand their intellect,” said Dr. Oluoch.

In attendance were; Board Directors Dr. Naomi Kathure Mutea, Ms. Jeniffer Kibagendi, Mr. Fredrick Wamwaki, Dr. Martin Sirengo, Dr. Andrew Mulwa, Dr. Stephen Ochiel, and Mr. Bett Sitiency.

Others were Intergovernmental Relations Manager Dr. Leah Bii, Deputy Corporate Communications Manager Mr. Hezron Ochiel, Nairobi Campus Deputy Principal Academics Ms. Felistus Muinde, Ag. Chief Librarian Mr. Raymond Wafula and Heads of the various Academic Department, among other staff members and students

Excitement as College receives thousands of first-year students



A section of students accompanied by guardians arriving at Nairobi Campus on admissions day

March 8th 2022 marked the beginning of a new chapter for thousands of KMTc first-year students who reported to its various Campuses across the country. Visibly proud parents and guardians accompanied their children to the College as a show of support during enrolment.

Ag. Chief Executive Officer Dr. Kelly Oluoch led the KMTc fraternity in sending a congratulatory and warm welcome message to all students. “Today, you have been handed a blank cheque, and what you do for the duration of your stay at the College will determine the next phase of your life,” he said. He encouraged all the students to concentrate on their studies and always strive to achieve the best in the short period of their learning. Dr. Oluoch assured them (students)

that the College is committed to ensuring that they get the highest quality training to excel in their careers.

“Having been ranked as the second-best College in Kenya for the second time in the 2022 webometrics rankings, students are assured that joining KMTc will give them top-notch skills to help them tackle emerging global health challenges.”

Said Dr. Kelly Oluoch

KMTc remains the most outstanding medical College in the country, attracting students from all parts of the country. On the other hand, KMTc emerged among the top five most-searched health topics in 2021, according to a list released by global search engine company, Google.

The College is ranked at position five, after Covid-19 Registry, AstraZeneca vaccine, Chanjo Kenya, and Moderna Vaccine. This is further proof of the high-interest Kenyans have in the College and the recognition that KMTc continues to garner as the preferred training institution for middle-level health professionals.

Ag. Chief Executive Officer Dr. Kelly Oluoch while receiving the news, commended the KMTc fraternity for continuing to be good ambassadors of the College and placing it on the global map. “The only way to go from here is up,” he said.

The College offers Higher Diploma, Diploma, Certificate and Short courses in its 72 campuses across the country.

College to focus on enhancing modernization of its Campuses



KMTTC Board Chairperson Amb. Zachary Muburi-Muita with Ag. CEO Dr. Kelly Oluoch plants a commemorative tree flanked by the senior management during a familiarization tour of KMTTC Karen Campus

Board Chairperson, Amb. Zachary Muburi-Muita has assured of the Board's commitment to revolutionizing training to give students a competitive edge. He reported that the Board would further work towards improving infrastructure in the Campuses, particularly hostels, tuition blocks and sports facilities. Amb. Muita said this when he visited KMTTC Karen on March 7th, 2022, accompanied by the Ag. CEO Dr. Kelly Oluoch and other members of the Senior Management team.

Addressing students, staff and other stakeholders, Amb. Muita commended the Campus management, led by Principal Dr. Karen Kibet for their efforts in enhancing training of nutritionists at the Campus.

"The Board will do its best to transform Campuses to global standards to boost teaching and learning. We will do this in collaboration with development partners," he said. "We will pur-

sue the classification of Karen Campus as a Center of Excellence in training for Nutritionists to ensure our graduates stand out in the job market," he added.

On academics, Amb. Muita challenged the students to work hard, with discipline being the key to success, adding that character is developed through hard work, discipline and commitment. He applauded the partnership with the Intergovernmental Authority on Development (IGAD) and the role they are playing in supporting the College to achieve its mandate. The Ministry of Health partnered with KMTTC and IGAD to establish a Regional Centre of Excellence in training, Nutrition and Dietetics.

The tour by the Board Chairperson is the first one in a series of other visits to various Campuses across the country to assess their development needs towards ensuring the provision of the highest quality of training.

KMTC Partnership with the Jacksons Clinics set to Expand Physiotherapy Training

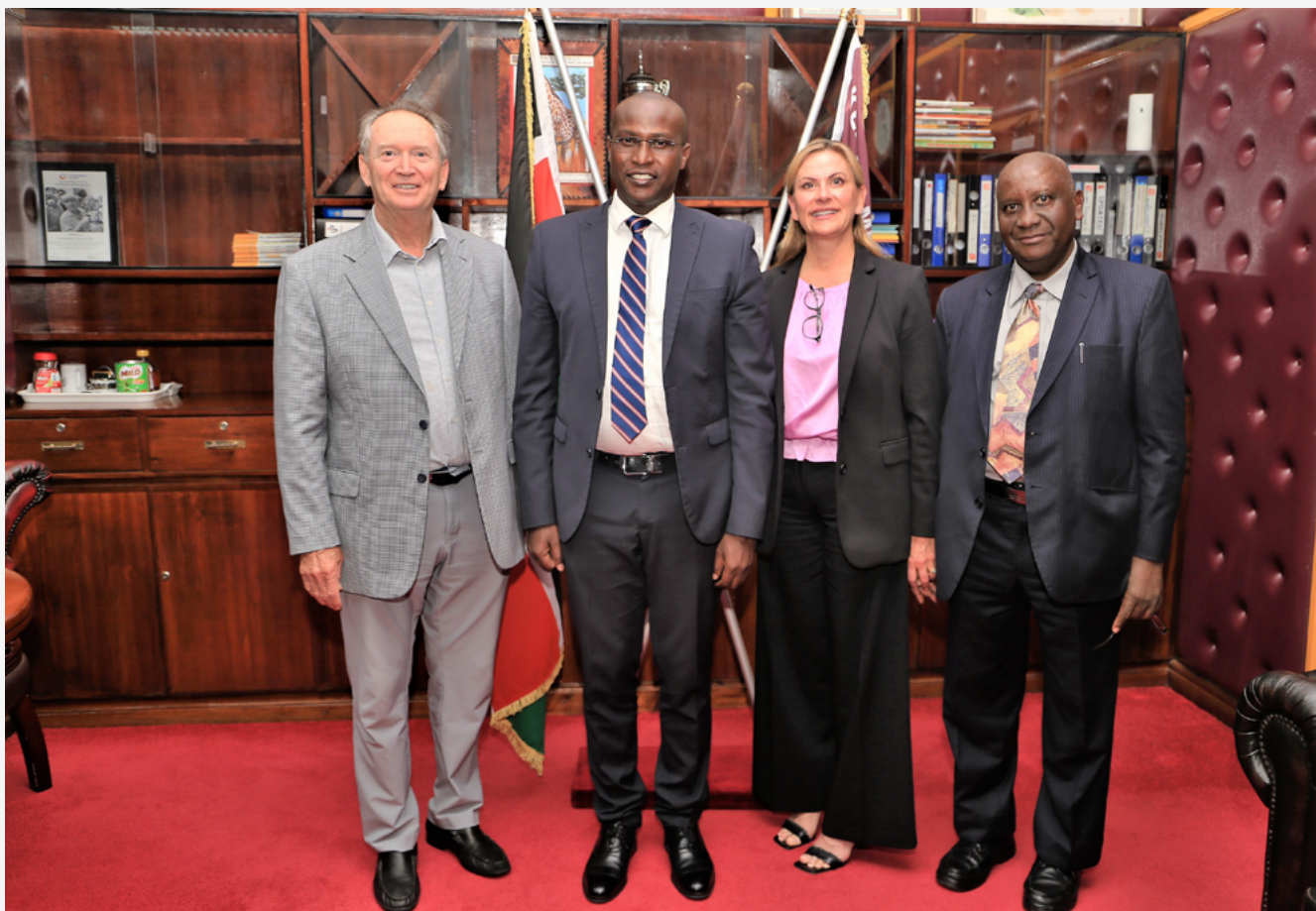


KMTC CEO Dr. Kelly Oluoch with Jackson Clinics USA's, Richard Jackson during a meeting at KMTC

KMTC CEO Dr. Kelly Oluoch on June 8, 2022 hosted Dr. Richard Jackson and Ms. Anne Jackson, of the Jackson Clinics USA, at the KMTC Headquarters in Nairobi. They held discussions pertaining expansion of the Physiotherapy training through the mounting of new Higher Diplomas.

Speaking during the meeting Dr. Oluoch appreciated the Jacksons for partnering with the College and being instrumental in advancing the training of Physiotherapists in the country. "In the last few years, there has been a major shift in healthcare services with rehabilitative medicine receiving as much attention as curative medicine," he noted.

On his part, Dr. Richard Jackson reported that the Jackson Clinics is seeking to support the College in upgrading the Orthopaedic Manual



KMTC CEO Dr. Kelly Oluoch (2nd left), Jackson Clinics Dr. Richard Jackson (left), Ms. Anne Jackson (2nd right) and Nairobi Campus Head of Physiotherapy department Mr. Daniel Kangutu during a meeting held at KMTC Headquarters

Therapy (OMT) course into a two-year residence programme, which is a more specialized and advanced type of training. According to Dr. Jackson, the training will now include new content on enhancing clinical skills through an additional 150 hours of mentorship which is not in the current training

“It is envisioned that this programme will be offered on an E-learning mode to attract students from across East and Central Africa,”

Said Dr. Richard Jackson

Dr. Richard further stated that his organization is seeking to partner with the College in mounting new courses in Cardiopulmonary Rehabilitation, Pediatric Physiotherapy, Gerontology Rehabilitation, Integumentary Rehabilitation as well as Sports Medicine and rehabilitation.

Cardiopulmonary Rehabilitation is a new specialization in Critical care i.e. ICU/HDU, that involves care of patients who have undergone thoracic surgery such as open heart, lung surgery, heart conditions affecting children and adults, lung diseases like Asthma and COVID among others. On the other hand, Gerontology is a specialization in the care of elderly persons while Integumentary is a specialization in skin conditions and wound care. Sports medicine is a specialization in prevention, treatment and rehabilitation of sports injuries.

The CEO reported that the College has invested heavily in E-learning to give students who are unable to attend classes physically an opportunity to access training virtually. In addition, in line with the College’s mandate to produce competent health workers capable

of addressing emerging and re-emerging challenges in health, Dr. Oluoch said plans are underway to fast-track mounting of the Speech Therapy Course to benefit the public. The course is meant to address challenges of people born with swallowing and speech disorders or those who develop such complications as a result of disease or injury

The Jacksons have been in a long-running partnership with the College since 2012, when the first Higher Diploma programme in Orthopaedic Manual Therapy was mounted. Since then, the partnership has led to the mounting of Higher Diplomas in Neuro-rehabilitation in 2018 and Pelvic rehabilitation in 2021.

KMTC to Embed Management of Cervical Cancer in its Training Curricula, Receives Donation from Partners



KMTC CEO Dr. Kelly Oluoch (2nd right), Health Director General, Dr. Patrick Amoth (3rd right) and Jhpiego Project Director Mr. Paul Nyachae (right) during a donation of pre-cancerous training lesions treatment devices to the College

The College received a donation of pre-cancerous lesions treatment devices to enhance teaching and learning in the College in an event held at the headquarters Nairobi, on June 14, 2022.

Handing over the equipment, donated by Ministry of Health in Partnership with Clinton Health Access Initiative (CHAI) and Jhpiego, Ministry of Health Acting Director General Dr. Patrick Amoth reported that through the partnership with CHAI, a total of 125 KMTC lecturers drawn from nine clusters from all over the country were trained on screening and treatment of pre-cancerous lesions.

Dr. Amoth noted that this is of particular importance as “the Minis-

try of Health is implementing the National Cancer Control Strategy 2017-2022 which advocates for specific interventions across the cancer continuum of care to halt and reverse the burden of cancer,” he said.

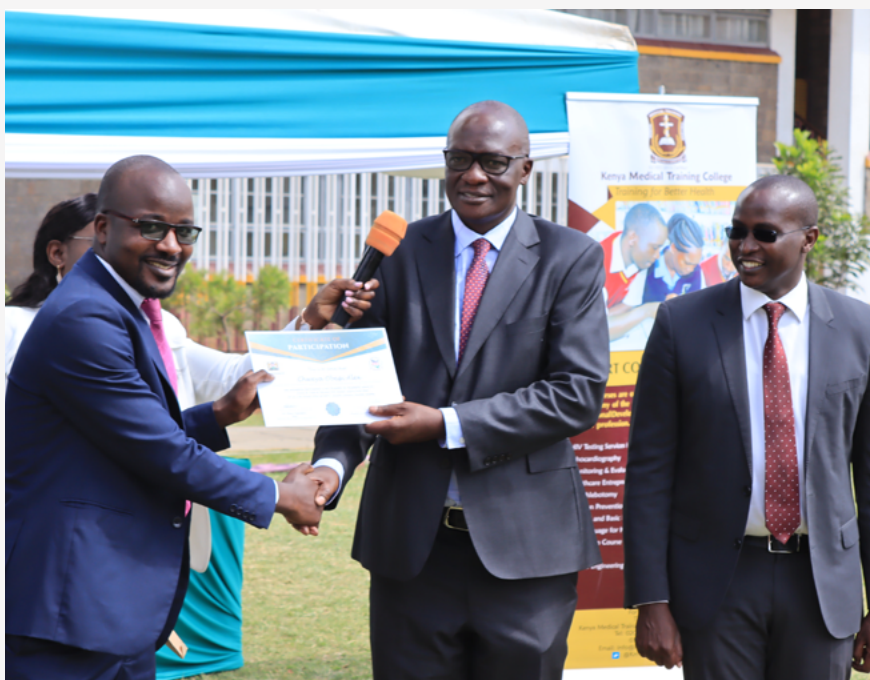
He observed that lack of skills among primary healthcare workers is one of the major gaps in cervical cancer prevention & control country wide. In this regard therefore, Dr. Amoth encouraged the lecturers to disseminate the training content to their fellow lecturers and their students. He added that the training should be integrated in the nursing training curriculum to ensure sustainability.

“The Ministry of Health is confident that through this training

many health workers will improve their knowledge, skills and confidence for cancer prevention and control upstream even before they join the service,” he further added.

On his part, KMTC CEO Dr. Kelly Oluoch reported that he is aware of the devastation cervical cancer has caused on the country’s population. “This is not only sad but also tragic given that it is an entirely preventable condition.”

“Towards this end, as our contribution towards the fight against cervical cancer and cancer in general, the College has initiated a Higher Diploma programme in Oncology, anchored in the Department of Clinical Medicine,” he reported. “To date, I am glad to report that



Health DG awards Alex Chweya, one of the trainees, with a certificate after successfully completing the screening and treatment of pre-cancerous lesions training.

we released our first 16 graduates in December 2021 and we currently have 33 students in training” he added.

The CEO further confirmed that the College is working towards harmonizing content in the College’s training curricula relevant to the prevention and management of cervical cancer, to be in line with the current National guidelines.

Laying emphasis on the need for vaccination against Cervical Cancer, Country Director CHAI Mr. Gerald Macharia said that elimination of the disease is possible and encouraged early screening in addition to the HPV vaccination for young girls especially those aged 10 and below.

Representing Jhpiego Country Director Dr. Stephen Mulwa, Project Director Mr. Paul Nyachae recognized the partnership between the four organizations as proof that cancer is a journey and only through walking together can there be hope of eliminating the disease. “The presence of Dr. Amoth here today is further proof of the Gov-

ernment’s commitment to dealing with the Cancer menace in the country,” Mr. Nyachae said. He added that “No woman should die from cervical cancer, a preventable illness.”

On the other hand, head National Cancer Control Programme Dr. Mary Nyangasi highlighted reduction of cervical cancer incidence, morbidity and mortality rates in Kenya through the capacity building of primary healthcare workers on cervical cancer screening & treatment of pre-cancer lesions, as the overall objective of the partnership with KMTTC.

Specifically, this will be achieved through building the capacity of KMTTC lecturers as trainers in cervical cancer screening & treatment of pre-cancer lesions. These include skills-based training; providing KMTTC skills labs with relevant treatment devices integrating breast cancer screening training, and integrating and updating cancer screening content in the KMTTC pre and in-service training curricula for relevant programs, Dr. Nyangasi added.

RESEARCH ACTIVITIES

KMTC Research Webinars

Webinar 1:

Topic: Collaboration in Grant writing

Date: January 31, 2022

Webinar 2:

Topic: Review of the Health Workforce Conference 2022

Date: February 28, 2022

Webinar 3

Topic: Positionality in Research

Date: March 28, 2022

Webinar 4

Topic: Research in Mental Health

Date: March 28, 2022

Webinar 5

Topic: Monitoring and Evaluation in Research

Date: April 25, 2022

KMTC Reinforces Research Efforts Towards Realization of its Vision and Mission



Students in a laboratory session

KMTC has developed a research policy that spells out the College's goal of developing a research culture that encourages and rewards excellence in Research, Innovation and Training. The Policy guides the College's building of research capacity, generating resources, knowledge that enhances teaching and leads the College.

Further, the College's Board of Directors has continued to fund and encourage staff to undertake research activities geared towards supporting the Government's efforts to amplify its readiness to stay ahead of any emerging epidemics.

In this regard, three research studies were published, three were conducted while a further 18 were recommended for funding.

Additionally, post Covid-19, the world has moved on to explore the new normal and rethink global innovation trends, opportunities and challenges to inspire strategic thinking, and examine ways to promote innovation and sustainability.

As a result, webinars have become increasingly popular, in fostering creative and innovative ideas by bringing together diverse stakeholders, keeping our professional engagements ongoing and socially distance at the same time.

In view of the foregoing, the College conducted five webinars under this period.

A. Published Studies

The following three (3) research studies were published:

1. HIV Advocacy: Knowledge Translation at Three Diverse sites in Sub-Saharan Africa by; Nyenzwa, F., Nixon, S., N. & Konje, M.E. PubMed gov. Disabil Rehabil.2022 Feb 2;8 doi:10.1080/09638288.2021.2012848.
2. Human Resource Practices and Employee Performance in KMTCs in the Western Region, by Munala B. and Minoga J. Strategic Journal of Business and Change Management ISSN: 2414-8970. Online ISSN: 2312-9492 NO: 2022/9/032.
3. Demographic and Economic Predictors of Uptake of Cervical Cancer Screening among Women of Isiolo County, Kenya by Linus, M.A, Wanyoro, A. and Gitahi, M.M. Global Journal of Health Science; Vol.13, No 12; 2021 ISSN 1916-9736 E- ISSN 1916 – 9744.

B. Conducted studies

The following three (3) research studies were conducted: -

1. Implementation of E-Learning among Faculty and Students during COVID-19 Period at Kenya Medical Training College campuses; by Kaloki, N. L., Gichia, P. & Nyamai, E.M.
2. Challenges of Blended Learning among Students in Kenya Medical Training College by Tibi, G., Bonareri, R., and Okumu, W.C.
3. Sexual and Reproductive Health Services Awareness, Utilization and Attitude among Students in Kenya Medical Training College, Mwingi Campus by Muoki, F.N.

C. Funded Studies

The following 18 research studies were recommended for funding : -

1. Occupational Exposure to Blood and Body Fluids among Medical Students during Clinical Rotation: A Case study of Six campuses at Kenya Medical Training College; by Mary Mwendu Milelu et.al.
2. Determination of Big Data Analytics on Organizational Performance: A Case study of Kenya Medical Training College; by Jones Mwangi et.al.
3. Utilization of Kenya Medical Training College Volunteer Run Free Clinics in Enhancing Healthcare Access to most Vulnerable Communities; by Zachary Ongachi Ombasa et.al
4. Factors Influencing the Utilization of the Nursing Process among Third Year Nursing Students in Kenya Medical Training College; by Kurui Daniel et.al.
5. Feasibility and Effectiveness of Peer Assessment in improving Formative Feedback among Higher Diploma students at the Kenya Medical Training College: A Cluster Randomized Control Trial; by Wagaki Gicheru.
6. The Influence of Mass Media on the Mental Illness Stigmatization among Students of Kenya Medical Training College; by Kamau Maina et.al.
7. Online Teaching and Learning: Experiences and Opportunities of Teaching Staff During the Covid-19 Lockdown; by Lucy Manyara et.al.
8. Predisposing Factors to Mental and Suicidal Behaviors among Students of Kenya Medical Training College Zone 6; by Onchiri Abel et.al.
9. Determinants of Burnout among Healthcare Workers during Covid-19 Pandemic: A Case Study of Kenya Medical Training College and Adjacent Hospitals; by W. L. Biy & Jentrix Wamalwa.
10. Risks and Moderators of COVID-19 related Deaths in People Living with HIV by Wambura, F. M.
11. Work related Experiences and Coping Mechanism as Predictors of Burnout among Nurses in Chuka Sub County Hospitals Tharaka Nithi County, by Kimani, V.W.
12. Scientometric Analysis of Scholarly Publication of Kenya Medical Training College: 1927-2021, by Oruko, K.O.
13. Determination of Glycemic Control among Diabetic Mellitus Patients care at the Nyeri County Referral Hospital, by Macharia, C.N. (Nyeri Campus).
14. Utilization of Contraceptive Methods among Kenya Medical Training College Students, by Kirungia, T. K.
15. Utilization of Formative Assessment Feedback by Students at Kenya Medical Training College, by Macharia, J. W.
16. HIV Infection and the Risk of COVID-19 Cytokine Inflammatory Signature on Predicting Eventual Survival, by Muthuka, J.K. (Nairobi Campus).
17. Readiness for Interprofessional Education in Pre-Service Training Programs at Kenya Medical Training College: A Cross sectional study of Faculty and Students by Kolute, R.
18. Financing Opportunities and Gaps in Healthcare for Non - Communicable Diseases in Kenya: A survey of County Governments, by Koech, R. C.

KMTC eyes widening partnership to enhance training

The College is eyeing partnership with the Ministry of Health, the World Health Organization (WHO) and Vital Statistics to enhance quality training, Deputy Director Academics Dr. Nyawira Mwangi, representing the CEO, has said.

“The partnership is geared towards skills development for College students, to enable them to record the good quality cause of death in line with the WHO principles and standard International Classification of Diseases (ICD) guidelines,” she added.

Dr. Nyawira was speaking during a meeting with representatives from the three organizations at the College Headquarters on June 8, 2022. She noted that equipping College graduates with these skills would improve documentation and



Deputy Director Academics Dr. Nyawira Mwangi (center), Health Vital Strategies Ms. Winnie Nzioka (right) and Mr. James Mwanza (left) with a section of KMTC staff during a meeting

reporting of these vital statistics resulting in the generation of quality mortality data.

Representing Vital Strategies, Ms. Winnie Nzioka, also embedded in MoH, and Mr. James Mwanza from the New York Head office indicated the willingness of the two

organizations to provide support in achieving this goal.

Nairobi Campus Deputy Principal Ms. Felistus Muinde, Departmental Heads Mr. Felix Mutua (Clinical Medicine), and Ms. Catherine Mwaura (Nursing) welcomed the partnership.

KMTC set to strengthen Collaboration with County Governments

KMTC has committed to work closely with the County Governments to develop strategies for strengthening collaboration and partnerships between the two institutions.

This was discussed during a meeting organized by the Council of Governors and attended by County Executive Committee Members (CECMs) for Health and Finance, on 6th and 7th June, 2022 in Naivasha.

During the meeting, it was resolved that the health facilities access fee for KMTC students would be waived to allow the students access

the facilities at no charge.

Health being a devolved function, the College works closely with the respective County Governments as students utilize health facilities for their clinical practice and support in offering the much-needed health services.

With 72 Campuses located in 44 out of the 47 counties, KMTC plays a key role in supporting strengthening of health systems in the counties and accounts for 85 percent of middle level health professionals in Kenya.

To further support the County Governments in strengthening

their respective health systems, the College is a member of the Health Sector Intergovernmental Consultative Forum, which is a platform for mutual consultation, coordination, and collaboration between the national and Counties on all matters related to health.

KMTC Campuses are strategically located next to referral hospitals to provide students with clinical training sites. While undertaking their training, the students provide services to over 450 Hospitals and health centers, thanks to the College’s hands-on training with 70 percent being practical and 30 percent theory.

College eyeing expanding partnership with Catholic Churches to strengthen training



KMTc Board Chairperson Amb. Zachary Muburi-Muita (right) with the Catholic Archbishop of the Archdiocese of Nyeri Father Anthony Muberia (left) during a courtesy visit

The College is eyeing a partnership with the Catholic Church to strengthen teaching and learning.

Speaking when he paid a courtesy call on the Archbishop of the Catholic Archdiocese of Nyeri Anthony Muberia on April 1, 2022, in Nyeri County, KMTc Board Chairperson Amb. Zachary Muburi-Muita, reported that the College is keen on partnering with the Church on clinical placement for students and research.

“As a College, we recognize the important role played by the health facilities overseen by the Catholic Church in strengthening healthcare service delivery, especially the Mathari Mission Hospital in Nyeri, which serves a large population,” he said.

He added: “The Hospital has one of the best newborn units in addition to a modern and well-equipped diagnostic centre that would greatly benefit our students in the course of their training.”

On the other hand, the hospital staff and students trained in Catholic-led medical training institutions will take advantage of the KMTc Campuses to further their education and sharpen their skills.

Bishop Muberia appreciated Amb. Muita for the visit, noting that a partnership will go a long way in supporting the attainment of the Universal Health Coverage agenda. “As an institution that also offers training, we are interested in knowledge exchange. We are particularly interested in benchmarking with KMTc to understand their simulation laboratory and E-learning for possible replication in our institution,” he said.

In attendance included Board Director Mr. Fred Wamwaki, Deputy Director Academics Dr. Nyawira Mwangi, Acting Corporation Secretary David Sifuna, Senior Lecturer Dr. John Nyaga, Campus Principals Zipporah Njeru (Othaya), and Daniel Kimwetich (Nyeri).

College ramping up partnership to scale up teaching and learning



(Seated) KMTc CEO Dr. Kelly Oluoch (left), GE Health Care Managing Director (Medical Sector) Mr. Terek Abdelrahman (right) and staff from the two institutions

The College is exploring a partnership with GE Healthcare to train students using the latest healthcare machines and improve quality training.

GE Healthcare is a subsidiary of American multinational conglomerate General Electric, a manufacturer and distributor of diagnostic imaging agents and radiopharmaceuticals for imaging modalities used in medical imaging procedures.

Speaking when he met representatives from GE on April 13, 2022, acting CEO Dr. Kelly Oluoch said the partnership will significantly expand College’s access to the latest medical machines, allowing it to offer world-class training for students.

The GE representatives included the Managing Director-Medical Sector, Mr. Terek Abdelrahman, West Africa Cardiovascular Sales Leader, Arize Onejeme and Clinical Application Specialist-Ultrasound, Judith Nyaboke.

Mr. Terek revealed that the company enjoys a wide range of the latest healthcare equipment in Kenya, noting that KMTc students will have access to the facility for training purposes.

In 2012, GE signed a landmark Memorandum of Understanding agreement with the government to develop projects in key sectors, including power and healthcare.

College hosts University of British Columbia Professors and students



Top: University of British Columbia Assistant Professor Prof. Mohamed Ibrahim during a training for Nairobi Campus lecturers and students
Below: KMTc Ag. CEO Dr. Kelly Oluoch (right), Prof. Ibrahim and Ms. Tamara Baldwin at KMTc Headquarters

The College has set the stage for strengthening Mental Health and Psychiatry among its students by hosting a training programme facilitated by the University of British Columbia (UBC).

The two-day programme that kicked off on May 4, 2022 saw students from the Nairobi Campus and their lecturers undergo rigorous training on mental wellness and psychiatry.

An Assistant Professor at the UBC School of Social Work and KMTc alumni, Professor Mohamed Ibrahim, facilitated the sessions. Other facilitators included the Director of the UBC's Office of Regional and International Community Engagement, Tamara Baldwin.

He stated that there is a pressing need to publicize mental health in the Sub-Saharan African re-

gion, noting that just 1% of Africans healthcare prioritizes mental health. According to the latest World Health Organization Atlas report, African countries spend \$0.10 per capita on mental health (in contrast with \$21.7 per capita in the European region).

“The more people learn, the fewer medical conditions associated with mental health,”

Said Professor Ibrahim

Professor Ibrahim outlined the worldwide mental health burden, highlighted mental health inadequacies, and emphasized Kenya's achievements.

The team discussed collaboration between the UBC and KMTc in research, curriculum revisions, and a joint short-courses programme.

Speaking when the team paid him a courtesy call, Ag. CEO Dr. Kelly Oluoch said the College remains committed to broadening its partnership with like-minded institutions like UBS to strengthen teaching and learning. “Since mental health remains a big issue of concern across the country, it will be important to incorporate it within our healthcare education,” he said.

In a bid to support upscaling of mental healthcare in the country, the College offers courses in Mental Health at Diploma and Higher Diploma levels. These include, Diplomas in Registered Nursing Mental Health and Psychiatry and Health Counselling; and higher diplomas in Psychiatry Nursing, Clinical Medicine-Mental Health and Psychiatry and Addictive Sciences.

College rally investor support at high-level conference



Ag. CEO Dr. Kelly Oluoch addresses participants during the Africa Health Symposium (AHBS) held in Nairobi.

KMTC showcased its investment opportunities at the 7th Africa Health Business Symposium (AHBS) held in Nairobi on February 24, 2022.

“In addition, we have opportunities in the transport sector to facilitate students to practical areas, ICT expansion, and infrastructural expansion - construction of student hostels and classrooms,”

Said Dr. Kelly Oluoch

The Ag. CEO Dr. Kelly Oluoch led the College in exhibiting its ventures and pitching for investor support on the sidelines of the event. He noted that the College is open to broadening its partnership in

key areas, including the provision of bursary funds to support needy students, equipping the library with books, provision of computers for students and Faculty, as well as training equipment.

The conference was attended by dignitaries from the World Health Organization (WHO), the Centre for Disease Control and Prevention (CDC), and various government entities.

The First Lady Margaret Kenyatta who spoke at the main forum, advocated for increased investment in reproductive, maternal, adolescent and child health systems.

Health Principal Secretary Susan Mochache emphasized the need to devote necessary expertise and resources to achieve zero maternal and child deaths.

The AHBS is a Pan-African conference that sits at the heart of the African healthcare scene.

The forum seeks to promote constructive working relationships between the public and private sectors, creating a more enabling environment for the private health sector on the African continent.

Othaya Campus Receives Kshs 30 Million for Infrastructural Development



KMTTC Board Chairperson Amb. Zachary Muburi-Muita (2nd right), Othaya Constituency MP. Hon. James Gichuki Mugambi (3rd left) and KMTTC Senior Managers during a familiarization tour of Othaya Campus in Nyeri.

KMTTC Othaya Campus has received Kshs 30 Million in seed money from the National Treasury, Othaya Member of Parliament Hon. Gichuki Mugambi has said.

Hon. Mugambi reported this during a familiarization tour of the Campus by KMTTC Board Chairman Zachary Muburi-Muita on March 11, 2022.

The Chairperson commended the Hon. Gichuki for his critical support in infrastructural development in Othaya Campus. He appreciated that the area National Government Constituency Development Fund (NG-CDF) has prioritized allocation of funds to further support growth of the Campus.

Amb. Muita assured that the KMTTC Board will continue to provide the necessary support to the

Campus to enable it carry out the College's mandate to the expected standards. "The College will soon celebrate 100 years of its existence and the addition of the new infrastructure will boost its asset growth," he said.

On his part, Hon. Mugambi appreciated the visit by the Board Chairperson noting that by working together, the two institutions had managed to establish KMTTC Othaya and the continued partnership would lead to exponential growth of the Campus.

"We must take full advantage of the presence of Kenyatta National Hospital – Othaya to enable the Campus mount courses in Clinical Medicine and Nursing,"

Said Hon. Gichuki Mugambi

Observing that this would place the Campus in an even better position to support the country in strengthening its healthcare system.

He reaffirmed the community's support and reported that in addition to the funds allocated, the NG-CDF would purchase a College bus to enhance teaching and learning in the Campus.

Amb. Muita was accompanied by KMTTC Senior Managers: Deputy Registrars Ms. Lucy Kuria (Quality Assurance) and Mr. Gordon Agalo (Examinations), Head, Resource Mobilization Mr. Kamau Maina, Principal Nyeri Campus Mr. Daniel Kimwetich, among other staff.

Also present were local leaders from the area and members of the NG-CDF Committee.

KMTC Students Biggest Winners as College kicks off construction of 300 capacity hostels



Former Prime Minister Rt. Hon. Raila Amolo Odinga lays a foundation stone for the construction of Teso Campus hostels. With him are Teso North MP Hon. Oku Kaunya (2nd left) and KMTC CEO Dr. Kelly Oluoch (2nd left)

Former Prime Minister Rt. Hon. Raila Odinga has lauded KMTC for producing competent health workers for the country. He was speaking during the laying of a foundation stone for the construction of Teso Campus hostels on March 25, 2022.

“Well trained and qualified health care professionals are a cornerstone of a health system needed in achieving Universal Health Coverage for the country,”

Said Rt. Hon. Raila Odinga

He commended the area, MP Hon. Oku Kaunya, through whose initiative the Campus came into being, noting that the impact of such an initiative will be felt in generations

to come. Hon. Odinga promised to continue supporting the College in its growth and development.

KMTC Board Chairperson Amb. Zachary Muburi-Muita thanked Hon. Odinga for being a dedicated friend of the College and providing support towards its growth, thereby enabling the College to realize its mandate.

“Similarly, I want to thank the Government for the support given to the Board to provide strategic leadership. With this, the College is recording tremendous achievements,” he said.

Acting Chief Executive Officer Dr. Kelly Oluoch termed the occasion as a fulfilment of a long-held wish,

noting that the 300 capacity hostels would go a long way in ensuring convenience for students as they undertake their training.

In attendance were Teso North MP Hon. Oku Kaunya, Busia County Governor Hon. Sospeter Ojaamong and several other elected leaders from the region.

Others present were KMTC Principals Mr. Daniel Kurui (Teso), Ms. Gladys Motende (Ugenya), Dr. Anthony Radol (Busia), Mr. Peterson Osangale (Kakamega) and Deputy Principals Ms. Celestine Mbanda (Webuye), Mr. Mwololo (Siaya), and Mr. Herbert Urumbe (Bungoma).

Kenya Medical Training Gets a Boost as Seven Campuses Receive Buses



Top: A fleet of buses destined for various KMTCCampuses.



Health Principal Secretary Ms. Susan Mochache (right), KMTCCEO Dr. Kelly Oluoch (center) and Board Chairperson Amb. Zachary Muburi-Muita during the flagging off of buses to various campuses

Giving a new dimension to convenience and comfort for the KMTCC students, Health Principal Secretary Ms. Susan Mochache, on June 16, 2022, commissioned seven modern buses at the College headquarters in Nairobi.

The buses for Wajir, Karuri, Kisumu, Nakuru, Kisii, Eldoret and Rachuonyo Campuses are an addition to the fleet of vehicles owned by the College.

“The buses will facilitate students to their clinical placement areas

and the community easily and conveniently where they serve even as they learn, enhancing access to health services,” she said.

On his part, KMTCC Board Chairperson Amb. Zachary Muburi-Muita reiterated the Board’s commitment to providing the requisite resources needed to promote high-quality training. “Over the last 95 years of the College’s existence, it has steadfastly remained committed to achieving its mandate of releasing competent health professionals into the Kenyan

health sector,” he added.

Echoing the Chairperson’s sentiments, KMTCCEO Dr. Kelly Oluoch reported that the buses are a big boost to both the College and health services in the country. “Our students will now be able to move around as they support service delivery in health facilities across the country,” he added.

KMTC Ugenya receives a bus to enhance training, set to increase courses



KMTC Ag. CEO Dr. Kelly Oluoch (left) Ugenya Constituency MP Hon. David Ochieng (right) staff and students during the handing over of KMTC Ugenya Campus Bus

Ugenya Campus has received a bus valued at Ksh 6 million to enhance teaching and learning.

While handing over the bus on April 25, 2022, Ugenya MP. Hon. David Ochieng commended the KMTC leadership for its exemplary work and vision, cementing its position as a powerhouse in the training of health professionals.

“We will work hand in hand with KMTC leadership to grow this Campus and ensure more students from the region benefit from its training programmes,” the MP said. Hon. Ochieng undertook to collaborate with the Siaya County

leadership to develop a level 4 hospital to support training of specialized courses such as Nursing and Clinical Medicine.

Ag. Chief Executive Officer Dr. Kelly Oluoch welcomed the donation and appreciated Hon. Ochieng for the tremendous contribution, including construction of dormitories and tuition blocks.

He said that the Campus is looking forward to mounting Clinical Medicine & Surgery as well as Community Health Assistant courses geared towards supporting the country in strengthening its healthcare system.

Dr. Oluoch urged the students to stay focused on their studies and perform to the required standards towards actualizing the Universal Health Coverage agenda.

On July 29, 2021, the Kenyan and United Kingdom Governments signed a Bilateral Agreement in the healthcare workforce, thus permitting Kenyan healthcare professionals to work for the National Health Service in the UK. The CEO challenged the students to take advantage of the opening to work abroad and improve their lives.

KMTC Retirement Benefit Schemes Record Remarkable Growth, Holds Member Education

The KMTC Staff Retirement Benefits Scheme (SRBS) Board of Trustees put in place plans to undertake a member education drive for staff across all KMTC Campuses to enhance awareness of members following recent changes to the pension scheme sector.

Subsequently, on April 21, 2022, the Schemes held their Annual General Meeting (AGM) at the KMTC Meru Campus where members were informed of the impressive revenue growth posted by the schemes for the calendar year 2021.

Members were informed that the Defined Contribution Scheme (DCS) surged 31 percent year-on-year to Ksh 2.5 billion, while Defined Benefit Scheme (DBS) soared 42 percent to hit Ksh 2.4 billion. The revenue growth was driven in part by an increase in investment in government securities and domestic-listed equities and positive business performance in the Nairobi Stock Exchange, owing to the easing of COVID-19 related restrictions.

The Staff Retirement Benefits Scheme has been hailed as one of the best performing schemes in the country.

Following a successful AGM, the Schemes then embarked on a member education which was

conducted between April 25 and May 20, 2022.

In his statement to members of the two schemes, Board of Trustees Chairperson Mr. Hillary Rotich thanked the College Board of Directors for their commitment to the well-being of the staff. He observed that despite the economic gloom brought by the COVID-19 pandemic, the Schemes' sponsor, the KMTC Board of Directors, had continued to remit its share of mandatory contributions.

"I note with gratitude that the contribution under the DCS, the active fund, improved drastically by 19.58 percent to hit Kshs. 404.4 million," he said.

He, however, urged members to take advantage of the education fora to arm themselves with knowledge on how to secure their retirement to avoid facing the challenges that come along with it.

On the other hand, KMTC Board Chairperson Amb. Zachary Muburi-Muita reported that the Board of Directors had contributed a total of Kshs 328.5 million under the two schemes, representing a growth of 14.4 percent from remittances registered in 2020.

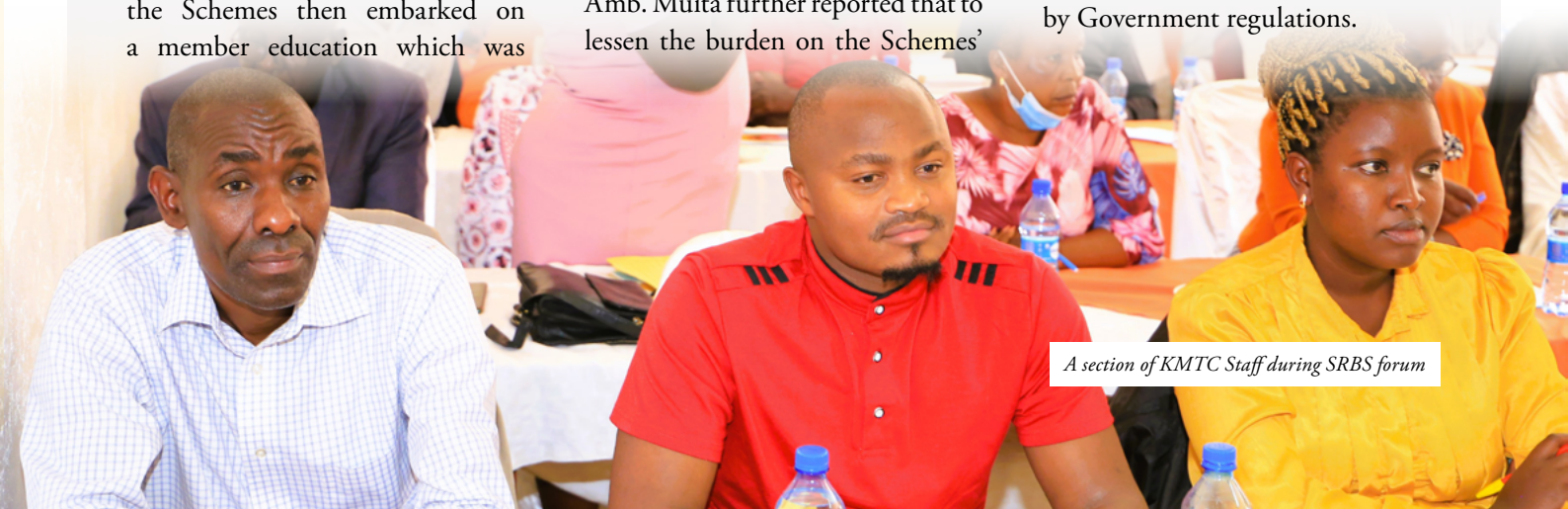
Amb. Muita further reported that to lessen the burden on the Schemes'

members Group Life Assurance Policy brought about by untimely deaths of staff while in service, accounting for two-thirds of the administrative expenses, the Board of Directors will be reviewing a possibility of taking over the cost by the sponsor.

"You are fortunate to be engaged in this kind of a discourse with your employer as it provides a forum for public participation to broaden ownership," he said. The Chairperson reported that the College Board of Directors remains committed to strengthening the scheme to provide retirement opportunities for staff.

"Nobody has enough money. Even the rich are still looking for more money," he reported, urging staff to live within their means and save for retirement. Representatives of the two schemes urged contributors to effectively plan for their retirement by embracing income savings.

The College runs two staff retirement benefits schemes, the Defined Benefit Scheme (DBS) and the Defined Contribution Scheme (DCS). Under the schemes each member contributes 10 percent of their salary while the Board (sponsor) contributes an additional 20 percent, the maximum allowed by Government regulations.



A section of KMTC Staff during SRBS forum

KMTC changing lives



Corporate Communications Manager Ms. Marcellah Onsomu (2nd right), and Industrial Rehabilitation Centre Manager Mr. David Ogundo (left) during a visit to the center

“the initiative touches directly on our neighbors who are people with special needs.” Said Ms. Onsomu

As a responsible Corporate Citizen, KMTC has put in place a Corporate Social Responsibility (CSR) Policy, aimed at providing guidance and enhancing activities geared towards giving back to the communities.

In line with this, Makindu Campus on February 28th 2022 conducted a medical camp at Kikumini health Centre in Nguu Masumba ward, Kibwezi west Sub County. Staff and Students offered services that included curative care, cervix and breast screening, counselling, ophthalmology, dental, HIV testing and counseling, physiotherapy, immunization, family planning and antenatal care among others.

Over 300 patients were attended to with a seven-year-old child being diagnosed with an eye congenital cataract disorder before being referred to Makueni County Referral Hospital.

In Kaptumo Campus, staff and students from the Environmental club on March 3, 2022 hosted officials from the Nandi County Na-

tional Environment Management Authority, Green Belt movement and GIZ (formerly GTZ) to celebrate the Wangari Mathai day by planting 100 trees donated by GIZ. Officials from the Green belt movement also took time to talk to the students on the importance of environmental conservation and maintaining healthy social relationships.

On the other hand, Port Reitz Campus in collaboration with the Coast Regional Blood Transfusion services on 15th March 2022 held a Blood donation drive at the Campus grounds where staff and students came out in large numbers to donate blood.

In a similar initiative, the College's CSR committee on June 7, 2022 donated foodstuffs and other items to the Industrial Rehabilitation Centre neighboring KMTC Nairobi Campus.

Representing the Chief Executive Officer, KMTC Corporate Communications Manager Ms. Marcellah Onsomu, termed the donation

a gesture of good neighborliness noting that “the initiative touches directly on our neighbors who are people with special needs.”

The foodstuffs donated included 20 bales of maize flour, 20 bales of wheat flour, 6 jerry cans of 20 liters cooking oil and 4 bales of toilet paper.

The team was received by the center's Manager Mr. David Ogundo who thanked the KMTC Management for the noble gesture observing that the College has been a key partner since inception of the centre.

Ms. Onsomu was accompanied by Deputy Principal Nairobi Campus Ms. Felistus Muinde, members of the CSR Committee and Nairobi Campus students.

The Industrial Rehabilitation Centre has 12 branches spread across the country offering various vocational courses to Persons with disabilities (PWDs).

Huge turnout for a free medical camp

More than 1,500 people benefited from a 3-day free medical camp organized by the College in Mutomo, Kitui County, as part of its long-standing strategy of giving back to the community.

The main highlights of the camp were free medicines, free cervical, prostate cancer, and diabetic screening; blood pressure, eye and ear check-ups; COVID-19 vaccination, nutritional assessment, psycho-social support, and free doctor consultation.

A team of dedicated specialists from KMTc, Kitui South Sub-County Hospital, Catholic Mission Medical Board (CMMB), and Mutomo Mission Hospital, consisting of paediatricians, dermatologists, ophthalmologists, oncologists, gynaecologists, occupational therapists and nutritionists extended their selfless services to the residents.

The area MP Hon. Rachel Nyamai, thanked the College for touching lives in the area. She pledged to continue partnering with the College in an effort to strengthen teaching and learning towards improving health outcomes for the people of Kenya.

Officially opening the free medical camp on June 15, 2022, Kitui County Executive Committee Member (CECM) for Health Dr. Winnie Kitetu termed the camp a timely gift for the county. She noted that the county has in the recent past recorded rising cases of sickle cell anaemia, malnutrition, upper respiratory infections, malaria, diarrhoea, and amoeba, among others.



“We welcome partnership with KMTc to help us tackle these diseases,” she said.

She however, urged the residents to take advantage of the training opportunities available in the College to empower their children and support the county in strengthening its healthcare systems.

KMTc CEO Dr. Kelly Oluoch assured that KMTc commits to continually improving the health care systems, especially in the marginalized regions.

He further reported that: “In pursuit of the same, we continue to expand our training programmes by partnering with like-minded organizations to introduce specialized programmes to ensure a continuous supply of competent and motivated health workers.”

Dr. Oluoch revealed that the College continues to attach students to rural health facilities, a move aimed at reducing the burden of treatment emanating from late disease diagnosis.

The free medical camp ran from 14th – 16th June 2022.



1. CEO Dr. Kelly Oluoch (right) takes part in the medical camp
2. Area MP Hon. Rachel Nyamai during free medical camp
3. Kitui County CECM for Health Dr. Winnie Kitetu undergoes testing at the medical camp
4. Area MP Hon. Rachel Nyamai (right) and Deputy Communications Manager Mr. Hezron Ochiel during the free medical camp

College Seeks to Strengthen Partnership with Equity Bank



Ag. CEO Dr. Kelly Oluoch (3rd right), Equity Bank Director of Marketing Mr. David Nyamu (3rd left), during a meeting held at the KMTC Headquarters in Nairobi.

“We will seek to establish a mutually beneficial partnership as we explore potential collaborations in areas of training, clinical and practical placement as well as internships for our students,” Said Dr. Kelly Oluoch

The College hosted a team from Equity Bank to explore avenues of strengthening the partnership between the two institutions.

Speaking during the meeting held on April 4, 2022 at the headquarters, Ag. Chief Executive Officer Dr. Kelly Oluoch said KMTC was keen on collaborating with the financial institution to enhance teaching and learning, in addition to creating an enabling environment that motivates staff to give their best.

“We will seek to establish a mutually beneficial partnership as we explore potential collaborations in areas of training, clinical and practical placement as well as internships for our students,” Dr. Oluoch said. Other areas are Corporate Social Responsibility (CSR) initiatives and financial aid for needy students, he added.

Emphasizing financial aid, Dr. Oluoch noted that needy students deserve a chance to pursue their training at the College, and access to financial aid would ensure that they are not disadvantaged in accessing and completing their education as planned.

He further noted that staff and students would benefit from leadership as well as entrepreneurship training offered by the Equity Group Foundation.

Equity Bank Director of Marketing Mr. David Nyamu announced a donation of 10, 000 tree seedlings to the College as part of its CSR environmental conservation efforts.

On her part, Equity Group Foundation Director Dr. Joan Korir said Equity Afa, a network of franchised medical outpatient centres under the Equity Group Foundation with 54 branches is already

home to several KMTC alumni who are providing various medical services within the facilities.

The Equity Group has been a key partner of the College having previously donated Personal Protective Equipment to final year students at Nairobi Campus during the height of the Covid-19 pandemic in the country.

In attendance were Equity Head of Health Sector Mr. Peter Gikonyo, Equity Group Foundation Head of Health Mr. Kepha Mutua and Ms. Mary Mwangangi.

Also present were Ag. Deputy Director Finance, Planning and Administration Dr. Ken Riany, Finance Manager Mr. Elijah Mititi, Nairobi Campus Principal Mr. Joseph Ahomo, Head of Resource Mobilization Mr. Kamau Maina and In-Charge Alumni Association Mr. Albert Taiti.

College and Equity Bank plants 5000 trees to mark World Healing Day, Commits to create Green Corridors across its Campuses



KMTC Ag. CEO Dr. Kelly Oluoch assisted by a student plants a tree to mark world healing day at Karen Campus. Looking on are Equity Bank Director of Marketing Mr. David Nyamu (2nd left), Deputy Director Academics Dr. Nyawira Mwangi (3rd right), staff and students

“As a government institution, we remain committed to accelerating the achievement of the Constitutional target of 10% tree cover of the national land area as required by our Constitution,” Said Dr. Kelly Oluoch

The College in partnership with Equity Bank on May 5, 2022, planted 5,000 trees at the Karen Campus to mark this year’s World Healing Day. The College has entered into a partnership with the bank to plant 10,000 trees to support efforts by the Government to increase forest cover in the country.

This comes at a time when the College is banking on tree planting to promote a conducive and serene learning environment.

According to the acting Chief Executive Officer Dr. Kelly Oluoch, the project once concluded will see

the population of trees improve.

Speaking during the tree planting ceremony, Dr. Oluoch emphasized the need to focus on the environment to tackle climate change in the country.

“As a government institution, we remain committed to accelerating the achievement of the Constitutional target of 10% tree cover of the national land area,” he said.

He noted that the College through its Corporate Social Responsibility (CSR) initiatives will continue to expand partnerships in an effort to

promote forest cover in the country and create green corridors across its Campuses. Towards this, he challenged both staff and students to take it upon themselves to adopt and maintain a tree.

The College supports efforts to give back to society through various Corporate Social Responsibility initiatives, among them: Environmental conservation, Health and medical services, social upliftment, Education and Disaster response.

KMTC Conducts Staff Training to optimize workforce productivity and Enhance Service Delivery



CEO Dr. Kelly Oluoch addresses staff during a training workshop

“The College recognizes that human resource is the most important asset for its optimal performance,” Said Dr. Kelly Oluoch

The College has conducted safety training for security staff to heighten disaster response in the institution.

The drill was facilitated by trainers from St. John Ambulance, the Directorate of Criminal Investigations (DCI), and the National Police Service (NPS). The participants learned new skills in disaster preparedness, incident reporting, good customer service national cohesion and unity.

In addition, the College conducted a training for admissions Desk Officers on Enterprise Resource Planning (ERP) to enhance service delivery.

Speaking when he officially opened the two workshops, the Chief Executive Officer Dr. Kelly Oluoch said the College remains committed to ensuring staff are empowered through regular training.

He reminded staff that they have a duty to play to enhance the College's image by ensuring they are delivering the highest possible quality of services to customers.

The Deputy Registrar Admissions Mr. Thomas Kisukwa and Chief Security Officer Mr. Samati Kemboi thanked the CEO for the support given to the Admission and Security Units in discharging their duties.

The ERP system is meant to automate KMTC operations for overall improved efficiency. It covers modules in several departments including academics, finance, supply chain management, human resource and administration.

Within academics, the system manages the student portal, admissions, online application and fee payment. Other services under the system are examination, change of students' courses and allocation of lecture halls and computer labs. The workshops ran concurrently from 23rd to 27th May 2022 at KMTC Mombasa Campus.

In yet another audacious goal of

leveraging on digital transformation and a skilled human resource to optimize productivity and enhance service delivery, the College held a workshop on the use of various ICT solutions on 20th June, 2022. The training workshop was attended by Human Resource and Administration officers drawn from various KMTc Campuses across the country.

To achieve this goal in a rapidly changing work environment, the College has prioritized continual capacity development of its staff, with an aim of equipping them with new skills, knowledge and competencies.

“The College recognizes that human resource is the most important asset for its optimal performance,” said the Chief Executive Officer Dr. Kelly Oluoch when he officially opened the training.

In line with this, the CEO said “the College will continue supporting various competence training to cushion the skills of officers, enhance performance and increase productivity”.

In the recent past, the College has recorded tremendous progress by expanding infrastructure especially internet coverage across the 72 Campuses. This has enabled the integration of face-to-face learning with E-learning as well as enabled students access more digital learning resources.

To inculcate the culture of excellent customer care service, the College has also held a training workshop on essentials of excellent customer service culture, among others.

Campus holds workshop to enhance compliance to Students Policies



A section of Nairobi Campus staff during a sensitization workshop at KMTc Nairobi School of Nursing

Nairobi Campus held a two-day sensitization workshop for the staff to create awareness on Students' Handbook, Examination Policy and Standard Operating Procedures.

The event which was held from 13th - 14th January 2022 at the School of Nursing sought to enhance the implementation of College policies.

Speaking when he officially opened the workshop, Nairobi Campus Principal Mr. Joseph Ahomo emphasized to staff the importance of familiarizing themselves with the College's policies to ensure compliance.

He noted that adherence to policy guidelines will go a long way in

supporting the College in achieving its mandate.

The Deputy Principal (Academics) Ms. Felistus Muinde noted that the sensitization will be cascaded to students so as to enhance discipline as well as academic performance.

The workshop which was facilitated by the Campus Disciplinary and Examination committees saw more than 200 staff participate.

The College Board of Directors has put in place various policies and frameworks to strengthen internal processes and procedures, to ensure compliance with existing laws as well as regulations.

Insanity-What?

By Gladys Motende



One of the most popular quotes going around on the internet is Albert Einstein's definition of insanity: "Doing the same thing over and over while expecting different results." And there's truth to that. But it's also incorrect. It can be equally insane NOT to do the same thing over and over and expect different results. Because there's tremendous power in staying consistent with something.

As William James said: "All our life, so far as it has definite form, is but a mass of habits - practical, emotional, and intellectual - systematically organized for our weal or woe, and bearing us irresistibly toward our destiny, whatever the latter may be." In other words, it's what you do habitually that determines your destiny. And it can work to your detriment, or to your benefit. Just to paint a bigger picture, here is how it works out: Let's say you are able to be just one percent better at something every day, and you keep that up for an entire year.

Then by the end of that year, you end up being 37 times better at that thing! That's huge... while the actual shift you made was only tiny. It is the consistency that made the difference. The effect of it is exponential.

This is how good habits make time your ally, and bad habits make it your enemy. We all want rapid success, and put pressure on ourselves to make earth-shattering improvements. But we often fail to realize that little choices, small improvements, and tiny habits can be the key to unlock major positive change.

So ask yourself: What can you do one percent better tomorrow to become more successful, grateful, peaceful, intelligent, or healthy? Here are three angles you might consider:

[+] Angle #1 - Improve your performance:

We often forget about things we already do and resources we already have, because they don't seem new and exciting. But there are many things you might already be doing that you can do a tiny bit more, or a tiny bit better. For example:

- i. Exercise: Instead of walking 5,000 steps like yesterday, walk 5,100 today. Or put in an extra rep with your strength training. Keep up your exercise for 10 seconds longer, and 10 more seconds next time.
- ii. Nutrition: Replace one type of processed food for a more

whole variant. Consume just 50 calories less today... or more, depending on your goals.

- iii. Reading: Read one extra page of uplifting material today.
- iv. Writing: Write 100 extra words today.
- v. Gratitude: Give out one extra compliment today, or write one extra thank you note this week.
- vi. Relaxation: Take two minutes extra to sit quietly, and add another minute next week.

[+] Angle #2 - Reduce your loss:

Instead of doing more of what

works, you can also do less of what doesn't work; like eliminating mistakes, reducing complexity, or stripping away the inessential.

This is called "improvement by subtraction," and it is often more practical to do less of something than to try and add more. For example:

- vii. Exercise: Miss fewer workouts.
- viii. Nutrition: Eat fewer unhealthy foods.
- ix. Performance: Make fewer (stupid) mistakes and errors.
- x. Investing: Hedge your risk.

[+] Angle #3 - Enhance your

environment:

- xi. We often do things we should not, simply because they are an easy option. For example:
- xii. We get distracted by the push notifications on our phone because we can see or hear them.
- xiii. We eat cookies because they are right there on the counter, ready to grab.
- xiv. We do not read a few pages in an inspiring book at night, because when we lie down it's not there for grabs.

So set up your environment and space so that they most readily make it easy to do what you want, and difficult to do what you don't want.

(Put your phone in airplane mode, or place it in the other room while you work... put the cookies in the pantry, or don't buy them at all... place the inspiring book on your pillow... etc.)

Things like these can be applied to pretty much any area of your life.

The point is; There is power in repetition and doing the same, tiny things over and over. As author Charles Duhigg writes; "There is nothing you can not do if you get the habits right." So take a few moments today to think of one tiny shift you can start making tomorrow. Just a tiny bit more, or a tiny bit better could be all it takes for a massive breakthrough.

The advice might just help you create more luck.

**Ms. Gladys Motende is a Senior Lecturer - Nursing
and Principal KMTC Ugenya**

*(The opinions expressed in this article are the writer's own and do not
reflect the position of Kenya Medical Training College)*

TRANSITIONS



Mrs. Wakhungu Muyoka Florence

from Bungoma Campus was first appointed to KMTC on 7/10/1992 as a Nursing Officer III and later promoted to Lecturer I. Until her demise on 12/1/2022 she was a Principal Lecturer.



Mr. Karisa Baya Pascal

from Port Reitz Campus was first appointed to KMTC on 3/7/1984 as a Laboratory Technician and re-designated to Lecturer I and later promoted to a Senior Lecturer. Until his demise on 17/1/2022 he was a Senior Lecturer in the department of Medical Laboratory Sciences.



Mrs. Constance Wasai Maghenda

from Port Reitz Campus was first appointed to KMTC on 24/10/2018. Until her demise on 23/3/2022 she was a Nursing Lecturer.



Ms. Caroline Jepkorir Chelimo

from Nairobi Campus was first appointed to KMTC on 01/2/2001. Until her demise on 24/6/2022 she was a Receptionist Assistant.

KMTC PROGRAMMES

1. Clinical Medicine and Surgery	(Diploma and Higher Diploma)
2. Community Oral Health	(Diploma)
3. Dental Technology	(Diploma)
4. Health Records and Information Technology	(Certificate and Diploma)
5. Health Promotion	(Certificate, Diploma and Higher Diploma)
6. Medical Education	(Higher Diploma)
7. Medical Engineering	(Certificate, Diploma and Higher Diploma)
8. Medical Imaging Sciences	(Diploma and Higher Diploma)
9. Medical Laboratory Sciences	(Diploma and Higher Diploma)
10. Nursing	(Certificate, Diploma and Higher Diploma)
11. Nutrition and Dietetics	(Certificate and Diploma)
12. Occupational Therapy	(Diploma and Higher Diploma)
13. Optometry	(Diploma and Higher Diploma)
14. Orthopaedic Technology	(Diploma and Higher Diploma)
15. Orthopaedic and Trauma Medicine	(Certificate and Diploma)
16. Pharmacy	(Diploma and Higher Diploma)
17. Physiotherapy	(Diploma and Higher Diploma)
18. Public Health	(Certificate, Diploma and Higher Diploma)

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