



Course	Description	Target Group	Campus	Duration	Fees (KES)
HIV Training and Counseling services (HTS)	The course prepares participants to provide comprehensive HIV Testing Services (HTS), strengthen linkage to care and treatment and other post-test services, define target populations who may particularly benefit from HIV testing services (accredited by NASCOP)	Health workers Anyone interested in working in HIV/AIDS programs (minimum Diploma)	Lake Victoria, Nairobi, Kisumu, mMachakos Homa Bay, Nakuru	3 weeks	24,500
Adherence Counseling	The course equips participants with knowledge & skills to motivate persons living with HIV/AIDS to maintain their treatment and adhere to guidelines provided	Those with certificate in HTS, health or social sciences, counseling community health & development. (Must have done VCT counseling)	Nairobi, Lake Victoria, Homa Bay, Machakos, Nakuru	1 Week full time + 1 month practicum/mentorship	16,500
Echocardiography	The course enables the participants to perform and interpret echocardiograms and ultrasound imaging of the heart and blood flow, gain expert understanding of the latest scientific laboratory equipment including use of the clinical skills laboratory and echocardiographic machines	Radiographers, Healthcare professionals with strong background Anatomy & physiology.	Nairobi	3 months (part-time)	90,500
Monitoring & evaluation	The course provides participants with requisite knowledge to design and implement healthcare projects to meet the populations' health needs, and promote evidence-based decision making. Graduates work with local & international NGOs, public & private sector projects	Project Managers, Project Officers, Project Assistants, health information officers, practitioners involved in designing, supervising, coordinating or monitoring interventions (minimum Diploma)	Siaya Nairobi Murang'a	4 weeks	35,500 full time
Healthcare Entrepreneurship	This course empowers participants become healthcare entrepreneurs or to manage their healthcare businesses profitably	Healthcare workers and those in healthcare business	Nairobi	2 weeks	25,500
Health Systems Management	This courses prepares participants to become managers in healthcare sector.	Healthcare workers with minimum qualification of Diploma (healthcare professionals, health administrators, human resources officers, procurement officers, project managers, etc)	Nairobi	4 weeks (online)	40,500
Leadership Development Program	This course is focused on building leadership capacity of healthcare workers. Working in their real work teams, participants learn leading, managing, and governing practices that enable them to face challenges and achieve measurable results	Training targets teams from healthcare units. Teams learn through implementing a leadership project chosen by their health system leaders	Nairobi	4 workshops of 3 days each.	50,500
Safe Phlebotomy	The course gives participants knowledge and skills to perform safe phlebotomy, provide quality specimens for laboratory tests, handle phlebotomy equipment and avoid occupational exposure.	Laboratory technicians, technologists, scientists, medical officers, clinical officers, nurses, other certificate or diploma in health related course	Nairobi, Port Reitz Lake Victoria, Nyeri, Kitui, Machakos	3 days	15,500
Exercise Physiology and prescription. (Therapeutic)	The training provides participants with knowledge and skills on global evidence based standardized exercise protocols after musculoskeletal injuries.	Physiotherapists Minimum Requirement Diploma in Physiotherapy	Nairobi	2 weeks	15,500
First aid and basic life support	This course empowers participants to prevent and manage life threatening emergencies. Training follows approved international guidelines	Drivers, hoteliers, Police officers, Security firms, County emergency / Disaster teams, teachers/ carers etc	Eldoret, Makindu Thika, Machakos Msambweni	2 weeks (part-time)	10,500
Infection Prevention and Control (with emphasis on COVID 19)	This course equips participants with knowledge & skills to prevent and control infections in different healthcare set ups	Healthcare workers, hospital support staff, hospital administrations, HTC counselors, caregivers in general	Makindu, Kitui Nairobi, Nyeri, Isiolo	5 days	7,500
Vestibular Rehabilitation	This course prepares participants with knowledge and skills to manage vestibular system, dizziness and balance disturbance disorders.	Physiotherapists Minimum Requirement Diploma in Physiotherapy	Nairobi	One week	10,500
Cardiopulmonary Rehabilitation	This prepares participants to address the physiotherapy management of a person with cardiac/ pulmonary system dysfunction	Physiotherapists Minimum Requirement Diploma in Physiotherapy	Nairobi	2 weeks	15,500
Sign Language for Health workers	The course prepares participants to communicate in sign language, helping the deaf access healthcare in line with Universal Health Coverage	Health workers & those interested in working with the deaf; minimum requirement Certificate in any course	Molo Murang'a	6 months (3 fulltime & 3 practicum)	60,500
Pelvic Floor Rehabilitation	This course is designed to provide participants with essential skills to perform assessment in pelvic floor dysfunctions and treatment interventions using evidence-based practice technique.	Physiotherapists Minimum Requirement Diploma in Physiotherapy	Nairobi	2 weeks	20,500
Integumentary and wound care	This course is designed to equip participants with Physiotherapy skills in wound management and related pathologies in terms of assessment, diagnosis and treatment.	Physiotherapists Minimum Requirement Diploma in Physiotherapy	Nairobi	2 weeks	20,500
Geriatric Rehabilitation	This course focuses on biopsychosocial aspects of aging. Integration of physical aging process, appropriate evidence-based evaluation techniques, outcome measures and design of effective treatment plan.	Physiotherapists Minimum Requirement Diploma in Physiotherapy	Nairobi	2 weeks	15,500
Nutrition in critical care	The course prepares participants to assess nutritional needs of critically ill patients, formulate appropriate nutritional interventions and apply integrated approach to manage critically ill patients	Healthcare workers (doctors, nurses, clinical officers, nutritionists, pharmacy technologists, lab technologists and community health workers)	Makueni, Thika	2 weeks	25,500
Point of Care Ultrasound in Midwifery	The course prepares participants to be proficient in using computer for daily office work, a basic requirement for employment.	Practicing midwives. Minimum qualification Certificate in Nursing (ECHN, KRCHN, BsN)	Nairobi	6 months full time	100,500
Peadiatric Neuro-rehabilitation	This course is designed to provide participants with evidence-based essential skills in treatment of children with musculoskeletal, neuromuscular and cognitive impairments.	Physiotherapists Minimum Requirement Diploma in Physiotherapy	Nairobi	2 weeks	15,500
Upper Extremity Splinting in Occupational Therapy	The course equips participants with current knowledge and skills to more efficiently manage injuries and conditions of the upper extremity through splinting	Practicing Occupational therapists (minimum qualification Diploma)	Nairobi	2 weeks Blended (1 week online, 1 week on Campus)	25,000
Regional Anaesthesia and Acute pain management	This course prepares participants to perform regional blocks, manage acute pain and improve perioperative care. They will able to prepare and utilize nerve block equipment such as point of care ultrasound	Higher National Diploma in anaesthesia (Clinical Medicine or Nursing)	Nairobi	6 Months	80,000
Community Health Extension Work	Be a serving Community Health Assistant / Community Health Officer or have qualification in any of the following fields: Health Promotion, Community Health Nurse, Environmental Health, Epidemiology, Health Records and Information, Health Systems Management, Population Health, Anthropology, Community Development, Community Health, Community Oral Health, Counseling, Nutrition, Psychology, Public Health, Social Work and Sociology or its equivalent field from a recognized institution.	CHEWs working with County Governments, holders of health related certificate or Diploma	Nairobi (E-learning)	4 Months	52,000
Community Mental Health	This course prepares participants to promote mental health in the community, provide mental health 'first aid', recognize and refer clients, and support recovery & integration of clients with mental health disorders.	Community based workers, Community Health Volunteers/assistants, religious leaders & other community gatekeepers; academic- KCPE/ ability to read and write.	Mathari Port Reitz Muranga	12 weeks Distance learning, with on-campus module introductory sessions.	25,500
International English Language Course	The course is designed to prepare participants for IELTS (International English Language Testing System) and OET (Occupational English Language Test) in preparation for study/migration abroad.	Healthcare workers and anyone interested in sitting for the International English Language Tests (IELTS & OET)	Coordinated from Nairobi	6 weeks (online, evening classes)	10,000

General Information: Tuition fee cover all training materials. Venue is KMTc campus offering the course. Tailor-made in-house courses also provided; logistics arrangements as agreed with sponsor. To apply, go to KMTc.ac.ke/portal or visit the KMTc campus nearest to you. **General Contact:** Admissions office, Headquarters Nairobi; Email: admissions@kmtc.ac.ke; Tel: (+254) 02 2725711/4; 0736993813, 0723004569, 0723004516